

Approved Food and Beverages List 2018-2019 SY		
Beverages		
Brand/Manufacturer	Product/Food Item	Size
Aquafina Water		
All Grade Levels	Water Bottles (All)	
Minute Maid		
Middle and High School Only	Minute Maid Apple Juice	10 oz.
Middle and High School Only	Minute Maid Orange Juice	10 oz.
Middle and High School Only	Vita Coco Pure Coconut Water	11.1 oz
Edible Arrangements (Fruit)		
16 oz (30 min after school hrs) All Grade Levels	Pineapple Smoothie	8 oz, 16 oz.
Middle School & High School (8 oz )	Strawberry Smoothie	8 oz, 16 oz.
	You've Got Kale Smoothie	8 oz, 16 oz.
Fiji Water		
All Grade Levels	Water bottles (All)	
Gatorade (G2)		
High School Only	Assorted Flavors	12 oz.
Gold Peak		
High School Only	Sweetened Tea	16.9 oz.
Hint		
High School Only	Assorted Flavored Waters	16.9 oz.
Mott's		
All Grade Levels	100% Juice - Grape	6.75 oz.
Nestle		
High School Only	Splash Water (All Flavors)	8 oz
Pathwater		
All Grade Levels	Refillable Water Bottles	16.9 oz.
Snapple 100% Juice		
Middle and High School	Fruit Punch	11.5 oz.
Middle and High School	Grape	11.5 oz.
Middle and High School	Green Apple	11.5 oz.

Middle and High School	Orange Mango	11.5 oz.
Swiss Miss		
High School Only	Hot Cocoa, Light Sensible Sweets	0.29 oz.
Vitamin Water ZERO High School Only		
High School Only	Assorted Flavors	16.9 oz.
Validity Bowls		
Middle and High School	Dragon Smoothie	12 oz.
Middle and High School	Sunshine Smoothie	12 oz.
Middle and High School	Tropical Paradise Smoothie	12 oz.
Middle and High School		
Welch's		
All Grade Levels	100% Juice Can	5.5 fluid oz.
MS/HS	100% Juice Can	11.5 fluid oz. (secondary only)
MS/HS	100% Juice Bottle	10 fluid oz. (secondary only)
All Grade Levels	Fruit Shot Asst. Flavors	5.5 fluid oz.
<b>Entrée</b>		
Brand/Manufacturer	Product/Food Item	Size
Capriotti's		
No Condiments	3" Ham Sandwich on Wheat w/Lettuce & Tomato	3.75 oz.
	3" Turkey Sandwich on Wheat w/Lettuce & Tomato	3.75 oz.
Chaim		
	Teriyaki Chicken and Rice	10 oz.
	Orange Chicken and Noodles	12 oz.
Double Down Pizza		
	Whole Wheat Cheese Pizza, one slice 7 oz.	198.45 g.
	Double Down Cheese Pizza, one slice 7 oz.	
Edible Arrangements		
	Fruit Salad	16 oz.
Firehouse Subs		
	4" Whole Grain Sub Sandwich Turkey, Roast Beef or Ham	117 g.
	1 ounce meat with lettuce, tomato, and green peppers	

	no cheese or additional condiments	
Port of Subs		
	4" Turkey and Swiss Cheese on Whole Wheat w/Lettuce	121.91 g.
	1 mayo and/or mustard	
Samurai Sam's		
	Dark Chicken School Lunch Bowl	255 g.
Subway		
	3" Veggie Delight Mini/9-Grain Wheat	107.7
	3" Black Forest Ham Mini/9-Grain Wheat	136.1 g.
	3" Roast Beef Mini/9-Grain Wheat	145.5 g.
	3" Turkey Mini/9-Grain Wheat	136.1 g.
	6" Veggie Delite/9-Grain Wheat	162 g.
Vitality Bowls		
	Kid's Fruit Bowl w/string cheese	12 oz.
	Kid's Tropical Fruit Bowl	12 oz.
<b>Frozen Treats</b>		
<b>Brand/Manufacturer</b>	<b>Product/Food Item</b>	<b>Size</b>
Blue Bunny		
	Fudge Bar	3 oz.
	Orange Dream Bar	3 oz.
	Cool Daze Red. Fat Mini Ice Cream Cone	3 oz.
	Cool Daze Low Fat ice Cream Sandwich	3 oz.
Chill Frozen Yogurt		
	Chocolate Mint	83 g.
	Chocolate/Vanilla	83 g.
	Cookies & Cream	83 g.
	Pomegranate	83 g.
	Raspberry	83 g.
	Strawberry	83 g.
	Watermelon	83 g.
	Chocolate	83 g.
Dannon Yo Cream /(Reiss & Irvy's)		
	All flavors ( 1/2 cup) No toppings	83 g

Hershey's		
	Brownie Batter Ice Cream Sandwich (Reduced-Fat)	3 oz.
	Candy Cane Dessert	4 oz.
	Cherry Blue Raspberry Juice Rush	4.4 oz.
	Cherry Vanilla Swirl Desert Cup (Low-Fat)	3 oz.
	Chocolate Scooter Ice Cream Bar	3 oz.
	Chocolate & Vanilla Twist Cone (Low-Fat)	4 oz.
	Cookies & Cream Sandwich (Reduced-Fat)	4 oz.
	Cotton Candy Twister Cup (NF)	3.75 oz.
	Crazy Cone (Low-Fat)	4 oz.
	Fudge-O-Bar	2 oz.
	Lemon Orange Juice Rush	4 oz.
	Minty Mint Ice Cream Sandwich (Reduced-Fat)	2.75 oz.
	Orange Blossom Bar (Low-Fat)	2.5 oz.
	Polar Blast Fruit Juice Bar	2.25 oz.
	Salted Caramel Brownie Bar (Reduced-Fat)	2.75 oz.
	Spooky Sundae Dessert Cup (Low-Fat)	2.75 oz.
	Strawberry Mango Juice Rush	4.4 oz.
	Strawberry Scooter Ice Cream Bar	4.4 oz.
	Vanilla Ice Cream Sandwich (Reduced-Fat)	4 oz.
Rich's Ice Cream		
	Vanilla & Chocolate Cone	70.0 g.
	Orange Polar Pole	46.00 g.
	Crumbled Cookie Cone	70.00 g.
	Rainbow Polar Pole	58.00 g.
	Vanilla Sandwich	51.00 g.
	Chocolate Shortcake - Lowfat	70.00 g.
	Strawberry Shortcake	70.00 g.
	Banana Fudge Rocket	88.00 g.
	Sour Cyclone	88.00 g.
	Birthday Cake Cone	70.00 g.
	Creamy Cotton Candy Bar	54.00 g.
	Fudge Frenzy Bar	63.00 g.
	Sour Swell - Cherry Bar	53.00 g.
	Orange Cream Bar	52.00 g.

Spoonabowls Frozen Desserts		
	Peach Frozen Yogurt (2 Scoops)	5 oz
	Raspberry Frozen Yogurt (2 Scoops)	5 oz
	Strawberry Sorbet ( 2 Scoops)	5 oz
	Blueberry Frozen Yoigurt (1 scoop)	2.5 oz
	Mango Frozen Yogurt ( 1 scoop)	2.5 oz
	Peach Frozen Yogurt ( 1 scoop)	2.5 oz
	Pineapple Frozen Yogurt ( 1 scoop)	2.5 oz
	Raspberry Frozen Yogurt ( 1 scoop)	2.5 oz
	Strawberry Frozen Yogurt ( 1 scoop)	2.5 oz
Snacks		
Brand/Manufacturer	Product/Food Item	Size
Appleways		
	Apple Cinnamon Waffle Snap	28 g.
	Blueberry Lemon Crispy Bites	1 oz
	Cinnamon Crispy Bites	1 oz.
	Strawberry Waffle Snaps	1 oz.
Baked Lays Potato Chips		
	Barbecue	0.875 oz.
	Original	0.875 oz.
	Sour Cream and Onion	0.875 oz.
Betty Crocker		
	Double Chcolate Oatmeal Bar	135 g.
Betty Crocker		
	Fruit Roll Up (All Flavors)	14g
Boulder Canyon Hot Fries		
	Hot Fries	1 oz.
	Cheese Fries	1 oz.
Buena Vista		
	Checkerboard Cookie	1.5 oz.
	Red Velvet Cookie	1.5 oz.
	Snickerdoordle Cookie	1.5 oz.
	Apple Oatmeal Bar	1 oz.
	Chocolate Oat Breakfast Bar	1 oz.
	Chocolate Chip Cookie	1.85 oz.

Buzz Strong's Bakery		
	Whole Grain Chocolate Cake Cookie	1.5 oz.
	Whole Grain Mint Chocolate Chip Cookie	1.5 oz.
Cheetos		
	Reduced Fat Puffs	0.7 oz.
	Baked, Flamin' Hot Cheetos	24.8 g
Cheez-it		
	Atomic	0.75 oz.
	Cheddar	26 g.
Chex		
	Chocolate Caramel	26 g.
	Hot & Spicy	26 g.
Clif Z Bars		
	Chocolate Chip	36 g
	Iced Lemon Cookie	36 g
	Iced Oatmeal Cookie	36 g
	S'mores	36 g
Dole		
	Mandarin Oranges in 100% Fruit Juice	4.2 oz.
	Mixed Fruit in 100% Fruit Juice	4.2 oz.
Fieldstone		
	Fast Start Breakfast Bar	1.4 oz.
FIT Lifestyle		
	Beef Stick	0.5 oz.
	Honey Ham Stick	0.5 oz.
Golden Grahams		
	Cereal Bar	40 g.
Jack Links		
	Beef Jerky	24 g.

Kellogg's		
	Whole Grain Cinnamon Pop Tart	50 g.
	Whole Grain Rice Krispies Treat Bar	40 g.
Linden		
	Butter Cruncher Cookies	1.1 oz.
	Chocolate Chippers Cookies	1.1 oz.
Nature's Bakery		
	1 oz. Brownie: Double Chocolate Blueberry	28 g.
	1 oz. Brownie: Double Chocolate Raspberry	28 g.
	Whole Wheat Fig Bar - Apple Cinnamon	28.35 g.
	Whole Wheat Fig Bar - Blueberry	28.35 g.
	Whole Wheat Fig Bar - Fig	28.35 g.
	Whole Wheat Fig Bar - Peach Apricot	28.35 g.
	Whole Wheat Fig Bar - Raspberry	28.35 g.
	Whole Wheat Fig Bar - Lemon	28.35 g.
	Whole Wheat Fig Bar - Mango	28.35 g.
	Whole Wheat Fig Bar - Strawberry	28.35 g.
Otis Spunkmeyer		
	Delicious Essentials	1 oz.
	Chocolate Chip Cookie	1.3 oz.
	Carnival Multi Colored Cookie	1.3 oz.
Pepperidge Farms		
Goldfish	Hot & Spicy Goldfish	0.75 oz.
Pirate's Booty		
	White Cheddar Puffs	0.5 oz.
Pop Chips		
	Salt & Vinegar	23 g.
	Sea Salt	23 g.
	Sour Cream and Onion	23 g.
Quaker Chewy Granola Bar		
	Chocolate Chip (25% less sugar)	24 g.
	Cookies and Cream (25% less sugar)	24 g.

	Oatmeal Raisin	24 g.
	Peanut Butter Chocolate Chip (25% less sugar)	24 g.
	S'mores	24 g.
Snyder's		
	Mini Pretzel	14.18 g.
Stretch Island		
	Fruit Leathers (All Flavors)	0.5 oz.
Tostitos		
	Baked Scoops	0.875 oz.
Western Smokehouse Smart Stix		
	Pork Jerky Meat Snack Sticks	0.75 oz.