

October

Charter Elementary & Middle School Individual Serving Menu



Lunch Cost

\$2.00

Hungry? Apply for meal benefits today, by going to MySchoolApps.com



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PAY ONLINE 


You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

V = Meatless Option 

Our milk varieties include 1% low fat & fat-free choices. 

Nutritious seasonal fresh & cupped fruit served daily. 

We offer a variety of vitamin and mineral rich vegetables. 

We use heart healthy whole grain breads and rice. 

All Menus are subject to change. 

MONDAY

Week of Respect

Salsa Fajita Chicken w/Sweet Corn & Tortilla Chips or Bean & Cheese Burrito **V**
Edamame
Applesauce
Milk **2**

School Lunch Week

Beef Mac n' Cheese or Bean & Cheese Burrito **V**
Baby Carrots
Applesauce
Milk **9**

Week of Respect

BBQ Rib Sandwich or Bean & Cheese Burrito **V**
Fiesta Beans/Green Peas (HT)
Applesauce
Milk **16**

Week of Respect

Chicken Gordita or Bean & Cheese Burrito **V**
Tater Tots/Fiesta Beans (HT)
Applesauce
Milk **23**

Week of Respect

Teriyaki Chicken Sliders or Bean & Cheese Burrito **V**
Campfire Beans/Sweet Corn (HT)
Pineapple Cup
Milk **30**

"TASTE IT" TUESDAY

Double Dog or Grilled Cheese Sandwich **V**
Green Beans/Tater Tots (HT)
Craisins
Milk **3**

Cheeseburger Sliders or Grilled Cheese Sandwich **V**
String Cheese
Green Peas/Campfire Baked Beans (HT)
Pineapple
Milk **10**

Double Dog or Grilled Cheese Sandwich **V**
Celery w/Ranch
Mandarin Orange Cup
Yogurt
Milk **17**

Hamburger w/bun & Smile Potatoes or Grilled Cheese Sandwich **V**
Baby Carrots w/Ranch
Peach Cup
Celebration Cookie
Milk **24**

Crispy Chicken Filet Sandwich w/bun & Tater Tots or Grilled Cheese Sandwich **V**
Baby Carrots w/Ranch
Craisins
Milk **31**

"WELLNESS" WEDNESDAY

Breaded Chicken Drumstick or Bean & Cheese Burrito **V**
Baby Carrots
Mixed Fruit Cup
Goldfish Crackers
Milk **4**

Chicken Mashed Potato Bowl or Bean & Cheese Burrito **V**
Baby Carrots w/Ranch
Raisels
Milk **11**

BBQ Pulled Pork w/Campfire Baked Beans & Dinner Roll or Bean & Cheese Burrito **V**
Baby Carrots w/Ranch
Pineapple Cup
Milk **18**

Chicken Tenders (3 pieces) or Bean & Cheese Burrito **V**
Celery w/Ranch
Apple Slices
Milk **25**

NATIONAL SCHOOL LUNCH WEEK
October 9-13



THURSDAY

Pepperoni Pizza (Contains Pork) or Grilled Cheese Sandwich **V**
Green Salad w/Ranch
Apple Slices
Milk **5**

Pepperoni Pizza (Contains Pork) or Grilled Cheese Sandwich **V**
Green Salad w/Ranch
Orange Slices
Milk **12**

Cheese Pizza **V** or Grilled Cheese Sandwich **V**
Green Salad w/Ranch
Apple Slices
Goldfish Crackers
Milk **19**

Cheese Pizza **V** or Grilled Cheese Sandwich **V**
Green Salad w/Ranch
Fresh Grapes
Milk **26**

Week of Respect - "Get Your Blue On"



10/2: Kick Off!
10/3: Respect Yourself Day
10/4: Respect Each Other Day
10/5: Respect Your School Day
10/6: "Get Your Blue On!"

FRIDAY

Chicken Nuggets w/Smile Potatoes or Bean & Cheese Burrito **V**
Celery w/Ranch
Orange Slices
Doritos Chips
Milk **6**

Teriyaki Chicken Sliders or Bean & Cheese Burrito **V**
Celery w/Ranch
Apple Slices
Milk **13**

Teriyaki Chicken w/Rice or Bean & Cheese Burrito **V**
Baby Carrots w/Ranch
Fresh Grapes
Milk **20**

NEVADA DAY
BATTLE BORN



No School

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