

October

Charter High School Individual Serving Menu



Lunch Cost

\$2.00

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PAY ONLINE 


You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

V = Meatless Option 

Our milk varieties include 1% low fat & fat-free choices. 

Nutritious seasonal fresh & cupped fruit served daily. 

We offer a variety of vitamin and mineral rich vegetables. 

We use heart healthy whole grain breads and rice. 

All Menus are subject to change. 

	MONDAY	"TASTE IT" TUESDAY	"WELLNESS" WEDNESDAY	THURSDAY	FRIDAY
Week of Respect	<p>Salsa Fajita Chicken w/Sweet Corn & (2 each) Tortilla Chips or Bean & Cheese Burrito V Edamame Baby Carrots w/Ranch Applesauce and/or Pineapple Milk</p>	<p>Double Dog or Grilled Cheese Sandwich V Green Beans/Tater Tots (HT) Craisins and/or Juice String Cheese Milk</p>	<p>Breaded Chicken Drumstick (2 each) or Bean & Cheese Burrito V Double Chocolate Cookie Baby Carrots w/Ranch Raisels Mixed Fruit Cup Milk</p>	<p>Pepperoni Pizza (Contains Pork) or Grilled Cheese Sandwich V Green Salad w/Ranch Apple Slices and/or Juice Colby Jack Cheese Stick Milk</p>	<p>Chicken Nuggets w/Smile Potatoes or Bean & Cheese Burrito V Celery w/Ranch Orange Slices Raisels Goldfish Crackers Milk</p>
School Lunch Week	<p>Beef Mac n' Cheese or Bean & Cheese Burrito V Baby Carrots w/Ranch Applesauce Raisels Tortilla Chips Milk</p>	<p>Cheeseburger Sliders or Grilled Cheese Sandwich V Green Peas/Campfire Baked Beans (HT) Pineapple and/or Juice String Cheese Milk</p>	<p>Chicken Mashed Potato Bowl or Bean & Cheese Burrito V Baby Carrots Raisels Peach Cup Elf Graham Crackers Milk</p>	<p>Pepperoni Pizza (Contains Pork) or Grilled Cheese Sandwich V Green Salad w/Ranch Orange Slices and/or Juice Colby Jack Cheese Stick Milk</p>	<p>Teriyaki Chicken Sliders or Bean & Cheese Burrito V Celery w/Ranch Apple Slices and/or Craisins Goldfish Crackers Milk</p>
	<p>BBQ Rib Sandwich or Bean & Cheese Burrito V Fiesta Beans/Green Peas (HT) Applesauce and/or Craisins Flamin' Hot Cheetos Milk</p>	<p>Double Dog or Grilled Cheese Sandwich V Celery w/Hummus Mandarin Orange Cup and/or Juice Yogurt Milk</p>	<p>BBQ Pulled Pork w/Campfire Baked Beans & Dinner Roll or Bean & Cheese Burrito V Baby Carrots w/Ranch Pineapple Cup and/or Raisels Goldfish Crackers Milk</p>	<p>Cheese Pizza V or Grilled Cheese Sandwich V Green Salad w/Ranch Apple Slices and/or Juice String Cheese Milk</p>	<p>Teriyaki Chicken w/Rice or Bean & Cheese Burrito V Baby Carrots w/Ranch Fresh Grapes and/or Craisins Sugar Cookie Milk</p>
	<p>Chicken Gordita or Bean & Cheese Burrito V Tater Tots/Fiesta Beans (HT) Applesauce and/or Raisels Tortilla Chips Milk</p>	<p>Hamburger w/bun & Smile Potatoes or Grilled Cheese Sandwich V Baby Carrots Peach Cup and/or Juice String Cheese Celebration Cookie Milk</p>	<p>Chicken Tenders (6 pieces) or Bean & Cheese Burrito V Celery w/Ranch Apple Slices Craisins Milk</p>	<p>Cheese Pizza V or Grilled Cheese Sandwich V Green Salad w/Ranch Fresh Grapes and/or Juice Colby Jack Cheese Stick Milk</p>	<p>No School</p>
	<p>Teriyaki Chicken Sliders or Bean & Cheese Burrito V Campfire Beans/Sweet Corn (HT) Pineapple Cup and/or Raisels Doritos Chips Milk</p>	<p>Crispy Chicken Filet Sandwich w/bun & Tater Tots or Grilled Cheese Sandwich V Baby Carrots w/Ranch Craisins and/or Juice Colby Jack Cheese Stick Goldfish Crackers Milk</p>	<p>NATIONAL SCHOOL LUNCH WEEK October 9-13</p>	<p>Week of Respect - "Get Your Blue On"</p> <p>Be an Upstander</p> <p>10/2: Kick Off! 10/3: Respect Yourself Day 10/4: Respect Each Other Day 10/5: Respect Your School Day 10/6: "Get Your Blue On!"</p>	

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