

October

Delta High School Academy Lunch Menu



Lunch Cost
\$3.00

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PAY ONLINE 


You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

V = Meatless Option 

Our milk varieties include 1% low fat & fat-free choices. 

Nutritious seasonal fresh & cupped fruit served daily. 

We offer a variety of vitamin and mineral rich vegetables. 

We use heart healthy whole grain breads and rice. 

All Menus are subject to change. 

	MONDAY	"TASTE IT" TUESDAY	"WELLNESS" WEDNESDAY	THURSDAY	FRIDAY
Week of Respect	2 Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk	3 Fresh Salad Bar or Grab N Go #1- Deli Club Sandwich Milk	4 Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots w/Ranch Apple Slices and/or 100% Fruit Juice Milk	5 Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk	6 Fresh Salad Bar or Pizza Day! Take Out Pizza Celery w/Ranch Fresh Whole Orange and/or 100% Fruit Juice Milk
School Lunch Week	9 Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk	10 Fresh Salad Bar or Grab N Go #1- Deli Club Sandwich Milk	11 Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots w/Ranch Apple Slices and/or 100% Fruit Juice Milk	12 Fresh Salad Bar or BBQ Pulled Pork Sandwich Baby Carrots w/Ranch Fruit Cup and/or Craisins Milk	13 Fresh Salad Bar or Pizza Day! Take Out Pizza Celery w/Ranch Fresh Whole Orange and/or 100% Fruit Juice Milk
	16 Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk	17 Fresh Salad Bar or Grab N Go #1- Deli Club Sandwich Milk	18 Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots w/Ranch Apple Slices and/or 100% Fruit Juice Milk	19 Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk	20 Fresh Salad Bar or Pizza Day! Take Out Pizza Celery w/Ranch Fresh Whole Orange and/or 100% Fruit Juice Milk
	23 Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk	24 Fresh Salad Bar or Grab N Go #1- Deli Club Sandwich Milk	25 Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots w/Ranch Apple Slices and/or 100% Fruit Juice Milk	26 Fresh Salad Bar or BBQ Pulled Pork Sandwich Celery w/Ranch Fruit Cup and/or Craisins Milk	27  No School
	30 Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk	31 Fresh Salad Bar or Grab N Go #1- Deli Club Sandwich Milk			Week of Respect - "Get Your Blue On"  <ul style="list-style-type: none"> 10/2: Kick Off! 10/3: Respect Yourself Day 10/4: Respect Each Other Day 10/5: Respect Your School Day 10/6: "Get Your Blue On!"

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