

October

Delta Middle School Academy Lunch Menu



Lunch Cost
\$3.00

Hungry? Apply for meal benefits today, by going to MySchoolApps.com



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PAY ONLINE 


You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

V = Meatless Option 

Our milk varieties include 1% low fat & fat-free choices. 

Nutritious seasonal fresh & cupped fruit served daily. 

We offer a variety of vitamin and mineral rich vegetables. 

We use heart healthy whole grain breads and rice. 

All Menus are subject to change. 

	MONDAY	"TASTE IT" TUESDAY	"WELLNESS" WEDNESDAY	THURSDAY	FRIDAY
Week of Respect	Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk 2	Fresh Salad Bar or Grab N Go #1- Deli Club Sandwich Milk 3	Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots 100% Fruit Juice Milk 4	Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk 5	Fresh Salad Bar or Pizza Day! Take Out Pizza Celery w/Ranch 100% Fruit Juice Milk 6
School Lunch Week	Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk 9	Fresh Salad Bar or Grab N Go #1- Deli Club Sandwich Milk 10	Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots w/Ranch 100% Fruit Juice Milk 11	Fresh Salad Bar or BBQ Pulled Pork Sandwich Baby Carrots w/Ranch Fruit Cup Milk 12	Fresh Salad Bar or Pizza Day! Take Out Pizza Celery w/Ranch 100% Fruit Juice Milk 13
	Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk 16	Fresh Salad Bar or Grab N Go #1- Deli Club Sandwich Milk 17	Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots w/Ranch 100% Fruit Juice Milk 18	Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk 19	Fresh Salad Bar or Pizza Day! Take Out Pizza Celery w/Ranch 100% Fruit Juice Milk 20
	Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk 23	Fresh Salad Bar or Grab N Go #1- Deli Club Sandwich Milk 24	Fresh Salad Bar or Pizza Day! Take Out Pizza Baby Carrots w/Ranch 100% Fruit Juice Milk 25	Fresh Salad Bar or BBQ Pulled Pork Sandwich Celery w/Ranch Fruit Cup Milk 26	 No School 27
	Fresh Salad Bar or Grab N Go #2-Spicy Turkey Wrap Milk 30	Fresh Salad Bar or Grab N Go #1- Deli Club Sandwich Milk 31	 October 9-13	Week of Respect - "Get Your Blue On"  10/2: Kick Off! 10/3: Respect Yourself Day 10/4: Respect Each Other Day 10/5: Respect Your School Day 10/6: "Get Your Blue On!"	

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