

October

4 Day Breakfast ES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hungry? Apply for meal benefits today, by going to MySchoolApps.com



Say NO to Bullying 
See something? Say something.
<http://eesd.net/students/bully>


Connect with us today!
@CCSPFoodService





PAY ONLINE


You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.


V = Meatless Option 

Our milk varieties include 1% low fat & fat-free choices. 

Nutritious seasonal fresh & cupped fruit served daily. 

We offer a variety of vitamin and mineral rich vegetables. 

We use heart healthy whole grain breads and rice. 

All Menus are subject to change. 

Week of Respect

Egg & Cheese Sandwich V **2**
Fruit Cup
Fruit Juice
Milk

Sunrise Muffin V **3**
Fresh Fruit
Fruit Juice
Milk

Chicken Sausage & Waffle Sticks **4**
Fruit Cup
Fruit Juice
Milk

Yogurt w/Elf Graham Cracker Dippers V **5**
Fresh Fruit
Fruit Juice
Milk

Crumb Cake V **9**
Fresh Fruit
Fruit Juice
Milk

Bagel Sausage Breakfast Sandwich **10**
Fruit Cup
Fruit Juice
Milk

Cold Cereal V **11**
Fresh Fruit
Fruit Juice
Milk

Cinnamon Roll V **12**
Fruit Cup
Fruit Juice
Milk

Mini Stuffed Bagels V **16**
Fresh Fruit
Fruit Juice
Milk

Cinnamon Roll V **17**
Fruit Cup
Fruit Juice
Milk

Yogurt w/Elf Graham Crackers Dippers V **18**
Fresh Fruit
Fruit Juice
Milk

Egg & Cheese Sandwich V **19**
Fruit Cup
Fruit Juice
Milk

Egg, Sausage & Cheese Burrito **23**
Fresh Fruit
Fruit Juice
Milk

Bagel Sausage Breakfast Sandwich **24**
Fruit Cup
Fruit Juice
Milk

Cinnamon Roll V **25**
Fresh Fruit
Fruit Juice
Milk

Crumb Cake V **26**
Fruit Cup
Fruit Juice
Milk



Sunrise Muffin V **30**
Fruit Cup
Fruit Juice
Milk

Egg & Cheese Sandwich V **31**
Fruit Cup
Fruit Juice
Milk



Week of Respect - "Get Your Blue On"



10/2: Kick Off!
10/3: Respect Yourself Day
10/4: Respect Each Other Day
10/5: Respect Your School Day
10/6: "Get Your Blue On!"