

# October

## Miley/Global ES & MS Individual Serving Menu



**Lunch Cost**

**\$2.00**

**Hungry? Apply for meal benefits today, by going to [MySchoolApps.com](http://MySchoolApps.com)**

**Say NO to Bullying** See something? Say something. <http://ccsd.net/students/bully>

Connect with us today!  
@CCSDFoodService

**PAY ONLINE**

You may pay for meals online at no extra cost, by visiting [www.MySchoolBucks.com](http://www.MySchoolBucks.com). Menu Subject to Change.

**V = Meatless Option**

Our milk varieties include 1% low fat & fat-free choices.

Nutritious seasonal fresh & cupped fruit served daily.

We offer a variety of vitamin and mineral rich vegetables.

We use heart healthy whole grain breads and rice.

**\*All Menus are subject to change.\***

**MONDAY**

**Week of Respect**

Salsa Fajita Chicken w/Sweet Corn & Tortilla Chips or Bean & Cheese Burrito **V**  
Edamame  
Applesauce  
Milk **2**

**"TASTE IT" TUESDAY**

Double Dog or Grilled Cheese Sandwich **V**  
Green Beans/Tater Tots (HT)  
Craisins  
Milk **3**

**"WELLNESS" WEDNESDAY**

Breaded Chicken Drumstick or Bean & Cheese Burrito **V**  
Baby Carrots  
Mixed Fruit Cup  
Goldfish Crackers  
Milk **4**

**THURSDAY**

Papa John's Pizza or Grilled Cheese Sandwich **V**  
Green Salad w/Ranch  
Apple Slices  
Milk **5**

**FRIDAY**

Chicken Nuggets w/Smile Potatoes or Bean & Cheese Burrito **V**  
Celery w/Ranch  
Orange Slices  
Doritos Chips  
Milk **6**

**School Lunch Week**

Beef Mac n' Cheese or Bean & Cheese Burrito **V**  
Baby Carrots  
Applesauce  
Milk **9**

Cheeseburger Sliders or Grilled Cheese Sandwich **V**  
Green Peas/Campfire Baked Beans (HT)  
Pineapple  
String Cheese  
Milk **10**

Chicken Mashed Potato Bowl or Bean & Cheese Burrito **V**  
Baby Carrots w/Ranch  
Raisels  
Milk **11**

Papa John's Pizza or Grilled Cheese Sandwich **V**  
Green Salad w/Ranch  
Orange Slices  
Milk **12**

Teriyaki Chicken Sliders or Bean & Cheese Burrito **V**  
Celery w/Ranch  
Apple Slices  
Milk **13**

BBQ Rib Sandwich or Bean & Cheese Burrito **V**  
Fiesta Beans/Green Peas (HT)  
Applesauce  
Milk **16**

Double Dog or Grilled Cheese Sandwich **V**  
Celery w/Ranch  
Mandarin Orange Cup  
Yogurt  
Milk **17**

BBQ Pulled Pork w/Campfire Baked Beans & Dinner Roll or Bean & Cheese Burrito **V**  
Baby Carrots w/Ranch  
Pineapple Cup  
Milk **18**

Papa John's Pizza or Grilled Cheese Sandwich **V**  
Green Salad w/Ranch  
Apple Slices  
Goldfish Crackers  
Milk **19**

Teriyaki Chicken w/Rice or Bean & Cheese Burrito **V**  
Baby Carrots w/Ranch  
Fresh Grapes  
Milk **20**

Chicken Gordita or Bean & Cheese Burrito **V**  
Tater Tots/Fiesta Beans (HT)  
Applesauce  
Milk **23**

Hamburger w/bun & Smile Potatoes or Grilled Cheese Sandwich **V**  
Baby Carrots w/Ranch  
Peach Cup  
Celebration Cookie  
Milk **24**

Chicken Tenders (3 pieces) or Bean & Cheese Burrito **V**  
Celery w/Ranch  
Apple Slices  
Milk **25**

Papa John's Pizza or Grilled Cheese Sandwich **V**  
Green Salad w/Ranch  
Fresh Grapes  
Milk **26**

**NEVADA DAY**  
BATTLE BORN

**No School** **27**

Teriyaki Chicken Sliders or Bean & Cheese Burrito **V**  
Campfire Beans/Sweet Corn (HT)  
Pineapple Cup  
Milk **30**

Crispy Chicken Sandwich w/bun & Tater Tots or Grilled Cheese Sandwich **V**  
Baby Carrots w/Ranch  
Craisins  
Milk **31**

**NATIONAL SCHOOL LUNCH WEEK**  
October 9-13

**Week of Respect - "Get Your Blue On"**

10/2: Kick Off!  
10/3: Respect Yourself Day  
10/4: Respect Each Other Day  
10/5: Respect Your School Day  
10/6: "Get Your Blue On!"