

October

CCSD ES SB-503 Cold Breakfast

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of Respect Cold Cereal, Assorted Variety V Fruit Cup Fruit Juice Milk	2 Cold Cereal, Assorted Variety V Fruit Cup Fruit Juice Milk	3 Mini Stuffed Bagels V Fresh Fruit Fruit Juice Milk	4 Yogurt w/Goldfish Grahams V Fruit Cup Fruit Juice Milk	5 Crumb Cake V Fresh Fruit Fruit Juice Milk	6 Cinnamon Roll V Fruit Cup Fruit Juice Milk
	9 Cold Cereal, assorted Variety V Fresh Fruit Fruit Juice Milk	10 Mini Stuffed Bagels V Fresh Fruit Fruit Juice Milk	11 Cinnamon Roll V Fruit Cup Fruit Juice Milk	12 Yogurt w/Granola V Fruit Cup Fruit Juice Milk	13 Hard Boiled Egg V Whole Grain Roll String Cheese Fresh Fruit Fruit Juice Milk
	16 Crumb Cake V Fruit Cup Fruit Juice Milk	17 Cornbread Muffin w/Colby Jack Cheese & Apple Slices V Fruit Juice Milk	18 Yogurt w/Goldfish Grahams V Fresh Fruit Fruit Juice Milk	19 Hard Boiled Egg w/Fruit V Whole Grain Roll String Cheese Fruit Juice Milk	20 Cold Cereal, Assorted Variety V Fresh Fruit Fruit Juice Milk
	23 Cinnamon Roll V Fruit Cup Fruit Juice Milk	24 Cold Cereal, Assorted Variety V Fresh Fruit Fruit Juice Milk	25 Yogurt w/Granola V Fruit Cup Fruit Juice Milk	26 Mini Stuffed Bagels V Fresh Fruit Fruit Juice Milk	27  No School
	30 Cold Cereal, Assorted Variety V Fruit Cup Fruit Juice Milk	31 Crumb Cake V Fresh Fruit Fruit Juice Milk			Week of Respect - "Get Your Blue On"  10/2: Kick Off! 10/3: Respect Yourself Day 10/4: Respect Each Other Day 10/5: Respect Your School Day 10/6: "Get Your Blue On!"

Hungry? Apply for meal benefits today, by going to MySchoolApps.com



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PAY ONLINE





You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

V = Meatless Option 

Our milk varieties include 1% low fat & fat-free choices. 

Nutritious seasonal fresh & cupped fruit served daily. 

We offer a variety of vitamin and mineral rich vegetables. 

We use heart healthy whole grain breads and rice. 

All Menus are subject to change. 