

October

CCSD ES SB-503 Hot Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hungry? Apply for meal benefits today, by going to MySchoolApps.com



Say **NO** to Bullying 

See something? Say something. <http://ccsd.net/students/bully>





Connect with us today!
@CCSDFoodService





You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.


V = Meatless Option 

Our milk varieties include 1% low fat & fat-free choices. 

Nutritious seasonal fresh & cupped fruit served daily. 

We offer a variety of vitamin and mineral rich vegetables. 

We use heart healthy whole grain breads and rice. 

All Menus are subject to change. 

Week of Respect

Crumb Cake V
Fresh Fruit
Fruit Juice
Milk

2

NEW ITEM

Breakfast Egg Bowl
Elf Graham Crackers
Fruit Cup
Fruit Juice
Milk

3

Yogurt w/Goldfish
Grahams V
Fresh Fruit
Fruit Juice
Milk

4

Egg & Cheese Sandwich V
Fruit Cup
Fruit Juice
Milk

5

Egg, Sausage & Cheese Burrito
Fresh Fruit
Fruit Juice
Milk

6

Cold Cereal, Assorted Variety V
Fresh Fruit
Fruit Juice
Milk

9

Breakfast Egg Bowl
Elf Graham Crackers
Fruit Cup
Fruit Juice
Milk

10

Yogurt w/Granola V
Fresh Fruit
Fruit Juice
Milk

11

Egg & Cheese Sandwich V
Fruit Cup
Fruit Juice
Milk

12

Sunrise Muffin V
Fresh Fruit
Fruit Juice
Milk

13

Yogurt w/Goldfish
Grahams V
Fresh Fruit
Fruit Juice
Milk

16

Bagel Sausage Breakfast Sandwich
Fruit Cup
Fruit Juice
Milk

17

Cinnamon Roll V
Fresh Fruit
Fruit Juice
Milk

18

Cold Cereal, Assorted Variety V
Fruit Cup
Fruit Juice
Milk

19

Breakfast Egg Bowl
Elf Graham Crackers
Fresh Fruit
Fruit Juice
Milk

20

Chicken Sausage & Waffle Sticks
Fruit Cup
Fruit Juice
Milk

23

Breakfast Egg Bowl
Elf Graham Crackers
Fresh Fruit
Fruit Juice
Milk

24

Egg & Cheese Sandwich V
Fruit Cup
Fruit Juice
Milk

25

Yogurt w/Granola V
Fresh Fruit
Fruit Juice
Milk

26



No School

27

Egg, Sausage & Cheese Burrito
Fresh Fruit
Fruit Juice
Milk

30

Cinnamon Roll V
Fruit Cup
Fruit Juice
Milk

31



Week of Respect - "Get Your Blue On"



10/2: Kick Off!
10/3: Respect Yourself Day
10/4: Respect Each Other Day
10/5: Respect Your School Day
10/6: "Get Your Blue On!"