

# AUGUST

## 4-Day High School Dish Up Lunch

MONDAY

"TASTE IT" TUESDAY

"WELLNESS" WEDNESDAY

THURSDAY

FRIDAY

Hungry? Apply for meal benefits today, by going to [MySchoolApps.com](http://MySchoolApps.com)



Say NO to Bullying PLEDGE

See something? Say something. <http://ccsd.net/students/bully>



Connect with us today! @CCSDFoodService



1% White and Fat Free Chocolate Milk served with all meals.

Our milk varieties include 1% low fat & fat-free choices.

Nutritious seasonal fresh & cupped fruit served daily.

We offer a variety of vitamin and mineral rich vegetables.

We use heart healthy whole grain breads and rice.

\*All Menus are subject to change.\*

**14**  
Cheeseburger Sliders or Bean & Cheese Burrito  
Campfire Baked Beans ½ cup  
Green Beans ¾ cup  
Craisins  
Mandarin Orange Cup  
Milk

**21**  
Teriyaki Chicken Sliders or Bean & Cheese Burrito  
Fiesta Beans ½ cup  
Green Beans ½ cup  
Craisins and/or Applesauce  
Tortilla Chips  
Milk

**28**  
Chicken Tenders (6 pieces) or Bean & Cheese Burrito  
Tater Tots ½ cup  
Fiesta Beans ½ cup  
Pineapple Cup and/or Applesauce  
Milk

NEW ITEM

**15**  
Pulled Pork Sandwich w/bun or Grilled Cheese Sandwich  
Colby Jack Cheese Stick  
Tater Tots 1 cup  
Mixed Fruit and/or Juice  
Chocolate Chip Cookie  
Milk

**22**  
Chicken Gordita or Grilled Cheese Sandwich  
String Cheese  
Baby Carrots w/Ranch  
Raisels and/or Juice  
Elf Graham Crackers  
Milk

**29**  
Hot Ham & Cheese Sandwich or Grilled Cheese Sandwich  
Colby Jack Cheese Stick  
Green Beans 1 cup  
Raisels and/or Juice  
Milk

**16**  
Crispy Chicken Filet Sandwich w/bun or Bean & Cheese Burrito  
Baby Carrots w/Ranch  
Peach Cup  
Raisels  
Milk

**23**  
Meatloaf w/Gravy & Dinner Roll or Bean & Cheese Burrito  
Green Peas ½ cup Creamy  
Mashed Potatoes ½ cup  
Orange Slices and/or Peaches  
Double Chocolate Cookie  
Milk

**30**  
Chicken Parm Sandwich or Beans & Cheese Burrito  
Baby Carrots w/Ranch  
Pears and/or Craisins  
Elf Graham Crackers  
Milk

**17**  
Cheese Pizza or Grilled Cheese Sandwich  
Green Salad w/Ranch  
Craisins and/or Juice  
Cheesy Breadstick  
Milk

**24**  
Pepperoni Pizza (contains pork) or Grilled Cheese Sandwich  
Green Salad w/Ranch  
Craisins and/or Juice  
Cheesy Breadstick  
Milk

**31**  
Cheese Pizza or Grilled Cheese Sandwich  
Green Salad w/Ranch  
Raisels and/or Juice  
Cheesy Breadstick  
Milk



Don't forget to register for the 2017-18 school year! Visit [register.ccsd.net](http://register.ccsd.net) for more information

# WELCOME BACK TO SCHOOL



You may pay for meals online at no extra cost, by visiting [www.MySchoolBucks.com](http://www.MySchoolBucks.com). Menu Subject to Change.