

# AUGUST

## CCSD High School Individual Serving Menu



Lunch Cost

\$2.00

### MONDAY

### "TASTE IT" TUESDAY

### "WELLNESS" WEDNESDAY

### THURSDAY

### FRIDAY

Hungry? Apply for meal benefits today, by going to [MySchoolApps.com](http://MySchoolApps.com)



1  
Chicken Gordita or Grilled Cheese Sandwich  
Tater Tots/Green Peas (HT)  
Applesauce and/or Juice  
String Cheese  
Milk

2  
Chicken Parm Bowl or Bean & Cheese Burrito  
Baby Carrots  
Raisels  
Peach Cup  
Elf Graham Crackers  
Milk

3  
Cheese Pizza or Grilled Cheese Sandwich  
Green Salad w/Ranch  
Fresh Grapes and/or Juice  
Colby Jack Cheese Stick  
Milk

4  
Crispy Chicken Filet Sandwich w/bun or Bean & Cheese Burrito  
Celery w/Ranch  
Apple Slices  
Craisins  
Milk

Say NO to Bullying PLEDGE  
See something? Say something.  
<http://ccsd.net/students/bully>



Connect with us today!  
@CCSDFoodService

7  
Double Dog or Bean & Cheese Burrito  
Green Beans/Tater Tots (HT)  
Pineapple  
Craisins  
Milk

8  
Hamburger w/bun & Tater Tots or Grilled Cheese Sandwich  
String Cheese  
Edamame  
Baby Carrots w/Ranch  
Applesauce and/or Juice  
Milk

9  
Breaded Chicken Drumstick (2 each) or Bean & Cheese Burrito  
Double Chocolate Cookie  
Baby Carrots w/Ranch  
Raisels  
Mixed Fruit Cup  
Milk

10  
Pepperoni Pizza (Contains Pork) or Grilled Cheese Sandwich  
Colby Jack Cheese Stick  
Green Salad w/Ranch  
Apple Slices and/or Juice  
Milk

11  
Chicken Nuggets w/Smile Potatoes or Bean & Cheese Burrito  
Celery w/Ranch  
Orange Slices  
Raisels  
Elf Graham Crackers  
Milk

1% White and Fat Free Chocolate Milk served with all meals.



14  
Teriyaki Chicken w/Rice or Bean & Cheese Burrito  
Carrot Coins/Potato Wedges (HT)  
Applesauce  
Raisels  
Tortilla Chips  
Milk

15  
Cheeseburger Sliders or Grilled Cheese Sandwich  
String Cheese  
Green Beans/Campfire Baked Beans (HT)  
Pineapple and/or Juice  
Milk

16  
Chicken Mashed Potato Bowl or Bean & Cheese Burrito  
Baby Carrots  
Raisels  
Peach Cup  
Elf Graham Crackers  
Milk

17  
Pepperoni Pizza (Contains Pork) or Grilled Cheese Sandwich  
Colby Jack Cheese Stick  
Green Salad w/Ranch  
Orange Slices and/or Juice  
Milk

18  
Hot Dog w/bun & Tater Tots or Bean & Cheese Burrito  
Celery w/Ranch  
Apple Slices and/or Craisins  
Celebration Cookie  
Milk

Our milk varieties include 1% low fat & fat-free choices.



Nutritious seasonal fresh & cupped fruit served daily.



We offer a variety of vitamin and mineral rich vegetables.



We use heart healthy whole grain breads and rice.



\*All Menus are subject to change.\*



21  
Chicken Gordita or Bean & Cheese Burrito  
Fiesta Beans/Green Beans (HT)  
Applesauce and/or Craisins  
Flamin' Hot Cheetos  
Milk

22  
Teriyaki Chicken Sliders or Grilled Cheese Sandwich  
String Cheese  
Green Peas/Sweet Corn (HT)  
Mandarin Orange Cup and/or Juice  
Milk

23  
Crispy Chicken Filet Sandwich w/bun or Bean & Cheese Burrito  
Baby Carrots w/Ranch  
Peach Cup  
Raisels  
Milk

24  
Cheese Pizza or Grilled Cheese Sandwich  
Green Salad w/Ranch  
Apple Slices and/or Juice  
Yogurt  
Milk

25  
Beef Mac n' Cheese or Bean & Cheese Burrito  
Celery w/Hummus  
Fresh Grapes and/or Craisins  
Sugar Cookie  
Milk

28  
BBQ Rib Sandwich or Bean & Cheese Burrito  
Green Beans/Tater Tots (HT)  
Applesauce  
Craisins  
Milk

29  
NEW ITEM  
Pulled Pork w/Warm Cinnamon Apples&Dinner Roll or Grilled Cheese Sandwich  
String Cheese  
Edamame and/or Baby Carrots w/Ranch  
Pineapple and/or Juice  
Elf Graham Crackers  
Milk

30  
Breaded Chicken Drumstick (2 each) or Bean & Cheese Burrito  
Celery w/Ranch  
Raisels and/or Mixed Fruit Cup  
Double Chocolate Cookie  
Milk

31  
Pepperoni Pizza (Contains Pork) or Grilled Cheese Sandwich  
Green Salad w/Ranch  
Apple Slices and/or Juice  
Cheesy Breadstick  
Milk



You may pay for meals online at no extra cost, by visiting [www.MySchoolBucks.com](http://www.MySchoolBucks.com). Menu Subject to Change.