

October

CCSD High School Individual Serving Menu



Lunch Cost
\$2.00

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PAY ONLINE 


You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

V = Meatless Option 

Our milk varieties include 1% low fat & fat-free choices. 

Nutritious seasonal fresh & cupped fruit served daily. 

We offer a variety of vitamin and mineral rich vegetables. 

We use heart healthy whole grain breads and rice. 

All Menus are subject to change. 

	MONDAY	"TASTE IT" TUESDAY	"WELLNESS" WEDNESDAY	THURSDAY	FRIDAY
Week of Respect	Salsa Fajita Chicken w/Sweet Corn & (2 each) Tortilla Chips or Bean & Cheese Burrito V Edamame Baby Carrots w/Ranch Applesauce and/or Pineapple Milk 2	Double Dog or Grilled Cheese Sandwich V Green Beans/Tater Tots (HT) Craisins and/or Juice String Cheese Milk 3	Breaded Chicken Drumstick (2 each) or Bean & Cheese Burrito V Double Chocolate Cookie Baby Carrots w/Ranch Raisels Mixed Fruit Cup Milk 4	Pepperoni Pizza (Contains Pork) or Grilled Cheese Sandwich V Green Salad w/Ranch Apple Slices and/or Juice Colby Jack Cheese Stick Milk 5	Chicken Nuggets w/Smile Potatoes or Bean & Cheese Burrito V Celery w/Ranch Orange Slices Raisels Goldfish Crackers Milk 6
School Lunch Week	Beef Mac n' Cheese or Bean & Cheese Burrito V Baby Carrots w/Ranch Applesauce Raisels Tortilla Chips Milk 9	Cheeseburger Sliders or Grilled Cheese Sandwich V Green Peas/Campfire Baked Beans (HT) Pineapple and/or Juice String Cheese Milk 10	Chicken Mashed Potato Bowl or Bean & Cheese Burrito V Baby Carrots Raisels Peach Cup Elf Graham Crackers Milk 11	Pepperoni Pizza (Contains Pork) or Grilled Cheese Sandwich V Green Salad w/Ranch Orange Slices and/or Juice Colby Jack Cheese Stick Milk 12	Teriyaki Chicken Sliders or Bean & Cheese Burrito V Celery w/Ranch Apple Slices and/or Craisins Goldfish Crackers Milk 13
	BBQ Rib Sandwich or Bean & Cheese Burrito V Fiesta Beans/Green Peas (HT) Applesauce and/or Craisins Flamin' Hot Cheetos Milk 16	Double Dog or Grilled Cheese Sandwich V Celery w/Hummus Mandarin Orange Cup and/or Juice Yogurt Milk 17	BBQ Pulled Pork w/Campfire Baked Beans & Dinner Roll or Bean & Cheese Burrito V Baby Carrots w/Ranch Pineapple Cup and/or Raisels Goldfish Crackers Milk 18	Cheese Pizza V or Grilled Cheese Sandwich V Green Salad w/Ranch Apple Slices and/or Juice String Cheese Milk 19	Teriyaki Chicken w/Rice or Bean & Cheese Burrito V Baby Carrots w/Ranch Fresh Grapes and/or Craisins Sugar Cookie Milk 20
	Chicken Gordita or Bean & Cheese Burrito V Tater Tots/Fiesta Beans (HT) Applesauce and/or Raisels Tortilla Chips Milk 23	Hamburger w/bun & Smile Potatoes or Grilled Cheese Sandwich V Baby Carrots Peach Cup and/or Juice String Cheese Celebration Cookie Milk 24	Chicken Tenders (6 pieces) or Bean & Cheese Burrito V Celery w/Ranch Apple Slices Craisins Milk 25	Cheese Pizza V or Grilled Cheese Sandwich V Green Salad w/Ranch Fresh Grapes and/or Juice Colby Jack Cheese Stick Milk 26	 27 No School
	Teriyaki Chicken Sliders or Bean & Cheese Burrito V Campfire Beans/Sweet Corn (HT) Pineapple Cup and/or Raisels Doritos Chips Milk 30	Crispy Chicken Sandwich w/bun & Tater Tots or Grilled Cheese Sandwich V Baby Carrots w/Ranch Craisins and/or Juice Colby Jack Cheese Stick Goldfish Crackers Milk 31	 NATIONAL SCHOOL LUNCH WEEK October 9-13		Week of Respect - "Get Your Blue On"  <ul style="list-style-type: none"> 10/2: Kick Off! 10/3: Respect Yourself Day 10/4: Respect Each Other Day 10/5: Respect Your School Day 10/6: "Get Your Blue On!"

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