

# AUGUST

## 4-Day Middle School Dish Up Lunch

MONDAY

"TASTE IT" TUESDAY

"WELLNESS" WEDNESDAY

THURSDAY

FRIDAY

Hungry? Apply for meal benefits today, by going to **MySchoolApps.com**



**Say NO to Bullying** **PLEDGE**  
See something? Say something.  
<http://ccsd.net/students/bully>



Connect with us today!  
@CCSDFoodService



Don't forget to register for the 2017-18 school year!  
Visit [register.ccsd.net](http://register.ccsd.net) for more information

# WELCOME BACK TO SCHOOL



NEW ITEM

**14** Cheeseburger Sliders or Bean & Cheese Burrito  
Campfire Baked Beans ½ cup  
Green Beans ½ cup  
Craisins  
Milk

**15** Pulled Pork Sandwich w/bun or Grilled Cheese Sandwich  
Tater Tots ¾ cup  
100% Fruit Juice  
Chocolate Chip Cookie  
Milk

**16** Crispy Chicken Filet Sandwich w/bun or Bean & Cheese Burrito  
Baby Carrots w/Ranch  
Peach Cup  
Milk

**17** Cheese Pizza or Grilled Cheese Sandwich  
Green Salad w/Ranch  
100% Fruit Juice  
Milk

**21** Teriyaki Chicken Sliders or Bean & Cheese Burrito  
Fiesta Beans ½ cup  
Green Beans ½ cup  
Craisins  
Milk

**22** Chicken Gordita or Grilled Cheese Sandwich  
Baby Carrots w/Ranch  
100% Fruit Juice  
Elf Graham Crackers  
Milk

**23** Meatloaf w/Gravy & Dinner Roll or Bean & Cheese Burrito  
Green Peas ½ cup  
Creamy Mashed Potatoes ½ cup  
Orange Slices  
Double Chocolate Cookie  
Milk

**24** Pepperoni Pizza (contains pork) or Grilled Cheese Sandwich  
Green Salad w/Ranch  
100% Fruit Juice  
Milk

**28** Chicken Tenders (3 piece) or Bean & Cheese Burrito  
Tater Tots ½ cup  
Fiesta Beans ½ cup  
Pineapple Cup  
Milk

**29** Hot Ham & Cheese Sandwich or Grilled Cheese Sandwich  
Green Beans ¾ cup  
100% Fruit Juice  
Milk

**30** Chicken Parm Sandwich or Beans & Cheese Burrito  
Baby Carrots w/Ranch  
Pears  
Milk

**31** Cheese Pizza or Grilled Cheese Sandwich  
Cheesy Breadstick  
Green Salad w/Ranch  
100% Fruit Juice  
Milk



**1% White and Fat Free Chocolate Milk served with all meals.**

Our milk varieties include 1% low fat & fat-free choices.

Nutritious seasonal fresh & cupped fruit served daily.

We offer a variety of vitamin and mineral rich vegetables.

We use heart healthy whole grain breads and rice.

\*All Menus are subject to change.\*



You may pay for meals online at no extra cost, by visiting [www.MySchoolBucks.com](http://www.MySchoolBucks.com). Menu Subject to Change.