

AUGUST

CCSD Middle School Dish Up Lunch



Lunch Cost

\$3.25

MONDAY

"TASTE IT" TUESDAY

"WELLNESS" WEDNESDAY

THURSDAY

FRIDAY

Hungry? Apply for meal benefits today, by going to

MySchoolApps.com



See something? Say something.
<http://ccsd.net/students/bully>



Connect with us today!
@CCSDFoodService



Don't forget to register for the 2017-18 school year! Visit register.ccsd.net for more information

WELCOME BACK TO SCHOOL



1% White and Fat Free Chocolate Milk served with all meals.

Our milk varieties include 1% low fat & fat-free choices.

Nutritious seasonal fresh & cupped fruit served daily.

We offer a variety of vitamin and mineral rich vegetables.

We use heart healthy whole grain breads and rice.

All Menus are subject to change.

14 Cheeseburger Sliders or Bean & Cheese Burrito
Campfire Baked Beans ½ cup
Broccoli ½ cup
Craisins
Milk

NEW ITEM

15 Pulled Pork Sandwich w/bun or Grilled Cheese Sandwich
Tater Tots ¾ cup
100% Fruit Juice
Chocolate Chip Cookie
Milk

16 Crispy Chicken Filet Sandwich w/bun or Bean & Cheese Burrito
Baby Carrots w/Ranch
Peach Cup
Milk

17 Cheese Pizza or Grilled Cheese Sandwich
Green Salad w/Ranch
100% Fruit Juice
Milk

18 Popcorn Chicken or Bean & Cheese Burrito
Celery w/Ranch
Apple Slices
Cheesy Breadstick
Milk

21 Teriyaki Chicken Sliders or Bean & Cheese Burrito
Fiesta Beans ½ cup
Green Beans ½ cup
Craisins
Milk

22 Chicken Gordita or Grilled Cheese Sandwich
Baby Carrots w/Ranch
100% Fruit Juice
Elf Graham Crackers
Milk

23 Meatloaf w/Gravy & Dinner Roll or Bean & Cheese Burrito
Green Peas ½ cup Creamy
Mashed Potatoes ½ cup
Orange Slices
Double Chocolate Cookie
Milk

24 Pepperoni Pizza (contains pork) or Grilled Cheese Sandwich
Green Salad w/Ranch
100% Fruit Juice
Milk

25 Teriyaki Chicken w/Rice or Bean & Cheese Burrito
Yogurt
Carrot Coins ¾ cup
Apple Slices
Milk

28 Chicken Tenders (3 piece) or Bean & Cheese Burrito
Tater Tots ½ cup
Fiesta Beans ½ cup
Pineapple Cup
Milk

29 Hot Ham & Cheese Sandwich or Grilled Cheese Sandwich
Tater Tots ½ cup
Green Beans ¾ cup
100% Fruit Juice
Milk

30 Chicken Parm Sandwich or Beans & Cheese Burrito
Baby Carrots w/Ranch
Pears
Milk

31 Cheese Pizza or Grilled Cheese Sandwich
Cheesy Breadstick
Green Salad w/Ranch
100% Fruit Juice
Milk

You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.