

August

4-Day Secondary Grab N Go Hot Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hungry? Apply for meal benefits today, by going to **MySchoolApps.com**



Say NO to Bullying PLEDGE

See something? Say something. <http://ccsd.net/students/bully>



Connect with us today! @CCSFoodService



1% White and Fat Free Chocolate Milk served with all meals.

Our milk varieties include 1% low fat & fat-free choices.



Nutritious seasonal fresh & cupped fruit served daily.



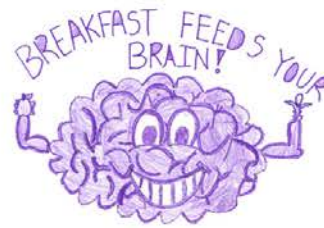
We offer a variety of vitamin and mineral rich vegetables.



We use heart healthy whole grain breads and rice.



All Menus are subject to change.



Don't forget to register for the 2017-18 school year! Visit register.ccsd.net for more information



WELCOME



BACK TO SCHOOL

Breakfast Crumb Cake **14**
OR Sausage & Cheese Sandwich
or Cinnamon Roll
Fruit Cup
Fruit Juice
Milk

Egg, Sausage & Cheese Burrito **15**
or Sausage & Cheese Sandwich
or Cinnamon Roll
Fresh Fruit
Fruit Juice
Milk

Sunrise Muffin **16**
or Sausage & Cheese Sandwich
or Cinnamon Roll
Fruit Cup
Fruit Juice
Milk

Mini Pancakes **17**
or Sausage & Cheese Sandwich
or Cinnamon Roll
Fresh Fruit
Fruit Juice
Milk

Egg, Sausage & Cheese Burrito **21**
or Sausage & Cheese Sandwich
or Cinnamon Roll
Fruit Cup
Fruit Juice
Milk

French Toast Sticks **22**
or Sausage & Cheese Sandwich
or Cinnamon Roll
Fresh Fruit
Fruit Juice
Milk

Sunrise Muffin **23**
or Sausage & Cheese Sandwich
or Cinnamon Roll
Fruit Cup
Fruit Juice
Milk

Mini Pancakes **24**
or Sausage & Cheese Sandwich
or Cinnamon Roll
Fresh Fruit
Fruit Juice
Milk

Breakfast Crumb Cake **28**
OR Sausage & Cheese Sandwich
or Cinnamon Roll
Fresh Fruit
Fruit Juice
Milk

Mini Pancakes **29**
or Sausage & Cheese Sandwich
or Cinnamon Roll
Fruit Cup
Fruit Juice
Milk

Sausage & Cheese Sandwich **30**
or Mini Stuffed Bagels
or Cinnamon Roll
Fresh Fruit
Fruit Juice
Milk

Sunrise Muffin **31**
or Sausage & Cheese Sandwich
or Cinnamon Roll
Fruit Cup
Fruit Juice
Milk



You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.