

# August

## CCSD Secondary Grab N Go Cold Breakfast



**Breakfast Cost**

**\$1.50**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Hungry? Apply for meal benefits today, by going to **MySchoolApps.com**



Don't forget to register for the 2017-18 school year! Visit [register.ccsd.net](http://register.ccsd.net) for more information

**Say NO to Bullying** PLEDGE

See something? Say something. <http://ccsd.net/students/bully>

Connect with us today! @CCSDFoodService



# WELCOME



# BACK TO SCHOOL

**1% White and Fat Free Chocolate Milk served with all meals.**

Our milk varieties include 1% low fat & fat-free choices.

Nutritious seasonal fresh & cupped fruit served daily.

We offer a variety of vitamin and mineral rich vegetables.

We use heart healthy whole grain breads and rice.

\*All Menus are subject to change.\*

Sunrise Muffin  
Fruit Cup  
Fruit Juice  
Milk

14

Cornbread Muffin w/Colby  
Jack Cheese Stick  
Fresh Fruit  
Fruit Juice  
Milk

15

Cold Cereal  
Fruit Cup  
Fruit Juice  
Milk

16

Mini Stuffed Bagels  
Fresh Fruit  
Fruit Juice  
Milk

17

Cinnamon Roll  
Fruit Cup  
Fruit Juice  
Milk

18

Sunrise Muffin  
Fruit Cup  
Fruit Juice  
Milk

21

Mini Stuffed Bagels  
Fresh Fruit  
Fruit Juice  
Milk

22

Cold Cereal  
Fruit Cup  
Fruit Juice  
Milk

23

Yogurt w/Granola  
Fruit Cup  
Fruit Juice  
Milk

24

Cinnamon Roll  
Fresh Fruit  
Fruit Juice  
Milk

25

Crumb Cake  
Fresh Fruit  
Fruit Juice  
Milk

28

Cinnamon Roll  
Fruit Cup  
Fruit Juice  
Milk

29

Sunrise Muffin  
Fresh Fruit  
Fruit Juice  
Milk

30

Mini Stuffed Bagels  
Fruit Cup  
Fruit Juice  
Milk

31

**PAY ONLINE**

You may pay for meals online at no extra cost, by visiting [www.MySchoolBucks.com](http://www.MySchoolBucks.com). Menu Subject to Change.