

# August

## Secondary Grab N Go Hot Breakfast



**Breakfast Cost**

**\$1.50**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Hungry? Apply for meal benefits today, by going to [MySchoolApps.com](http://MySchoolApps.com)



Don't forget to register for the 2017-18 school year! Visit [register.ccsd.net](http://register.ccsd.net) for more information

**Say NO to Bullying** PLEDGE  
See something? Say something. <http://ccsd.net/students/bully>

Connect with us today!  
@CCSDFoodService



**WELCOME**



**BACK TO SCHOOL**

**1% White and Fat Free Chocolate Milk served with all meals.**

Our milk varieties include 1% low fat & fat-free choices.

Nutritious seasonal fresh & cupped fruit served daily.

We offer a variety of vitamin and mineral rich vegetables.

We use heart healthy whole grain breads and rice.

\*All Menus are subject to change.\*

Breakfast Crumb Cake **14**  
OR Sausage & Cheese Sandwich  
or Cinnamon Roll  
Fruit Cup  
Fruit Juice  
Milk

Egg, Sausage & Cheese Burrito **15**  
or Sausage & Cheese Sandwich  
or Cinnamon Roll  
Fresh Fruit  
Fruit Juice  
Milk

Sunrise Muffin **16**  
or Sausage & Cheese Sandwich  
or Cinnamon Roll  
Fruit Cup  
Fruit Juice  
Milk

Mini Pancakes **17**  
or Sausage & Cheese Sandwich  
or Cinnamon Roll  
Fresh Fruit  
Fruit Juice  
Milk

Sausage & Cheese Sandwich **18**  
or breakfast crumb cake  
or Cinnamon Roll  
Fruit Cup  
Fruit Juice  
Milk

Egg, Sausage & Cheese Burrito **21**  
or Sausage & Cheese Sandwich  
or Cinnamon Roll  
Fruit Cup  
Fruit Juice  
Milk

French Toast Sticks **22**  
or Sausage & Cheese Sandwich  
or Cinnamon Roll  
Fresh Fruit  
Fruit Juice  
Milk

Sunrise Muffin **23**  
or Sausage & Cheese Sandwich  
or Cinnamon Roll  
Fruit Cup  
Fruit Juice  
Milk

Mini Pancakes **24**  
or Sausage & Cheese Sandwich  
or Cinnamon Roll  
Fresh Fruit  
Fruit Juice  
Milk

Yogurt w/Granola **25**  
or Sausage & Cheese Sandwich  
or Cinnamon Roll  
Fruit Cup  
Fruit Juice  
Milk

Breakfast Crumb Cake **28**  
OR Sausage & Cheese Sandwich  
or Cinnamon Roll  
Fresh Fruit  
Fruit Juice  
Milk

Mini Pancakes **29**  
or Sausage & Cheese Sandwich  
or Cinnamon Roll  
Fruit Cup  
Fruit Juice  
Milk

Sausage & Cheese Sandwich **30**  
or Mini Stuffed Bagels  
or Cinnamon Roll  
Fresh Fruit  
Fruit Juice  
Milk

Sunrise Muffin **31**  
or Sausage & Cheese Sandwich  
or Cinnamon Roll  
Fruit Cup  
Fruit Juice  
Milk

**PAY ONLINE**

You may pay for meals online at no extra cost, by visiting [www.MySchoolBucks.com](http://www.MySchoolBucks.com). Menu Subject to Change.