## PRODUCT ALLERGY AND INGREDIENT LIST (P.A.I.L.)

# Bakery

#### **Baked Goods**

Product	Ingredients	Allergens
CCSD Cinnamon Rolls	Wheat Flour, Enriched White Bread, Municipal Water, Table Salt, Granulated Sugar, Butter with Salt, Instant Dry Non-Fat Milk with Vitamin A, Dry Form Dehydrated Mashed Potatoes Granulated without milk, Dried Egg Mix, Yeast, Leavening Agents (Baker's/Active Dry), Vanilla Extract, Butter with Salt, Granulated Sugars, Ground Cinnamon, Powdered Sugars, Municipal Water.	Wheat/Gluten, Milk, Egg
Apple Empanada	Crust: Whole Wheat Flour, Enriched Wheat Flour, Water, Sugar, Canola Oil, Eggs, Salt, Yeast, Baking Powder, Dough Conditioner. Filling: Apple Filling (Sugar, Water, Corn Syrup, Apple Juice, Sodium Benzoate, Sodium Propionate, Potassium Sorbate, Lemon Juice, Natural Flavor, Cinnamon, Salt, Agar Gum, Citric Acid).	Wheat/Gluten, Egg, Milk
Sunrise Muffin	Rolled Oats, Whole Wheat Flour, Sweet Potato, Brown Sugar, Water, Enriched Wheat Flour, Canola Oil, Eggs, Contains less than 2% of Whey, Baking Soda, Baking Powder, Spices, Potassium Sorbate (preservative).	Wheat/Gluten, Eggs, Milk
Freshly Baked Lemon Bread	FatCat Whole Wheat Flour Blend (52% Whole Wheat Pastry Flour, 48% Unbleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour)), Cane Sugar, Nonfat Milk, Vegetable Oil, Pasteurized Eggs, Applesauce (Apples, Water, Sorbic Acid), Lemon Peel (Lemon Peel, Sugar, Lemon Oil), Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Lemon Extract, and Salt.	Wheat/Gluten, Eggs, Milk
Crumb Cake	Cake Mix: [Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Brown Sugar, Sugar, Non-Fat Dry Milk, Food Starch-Modified, Baking Powder, Wheat Protein Isolate, Salt, Soybean Oil, Cinnamon, Nutmeg], Water, Canola Oil, Eggs, Vinegar.  Topping Mix: Whole Wheat Flour, Brown Sugar, Sugar, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Salt, Cinnamon, Nutmeg.	Wheat/Gluten, Milk, Eggs, Soy

WG RF Chocolate Chip Cookie	Whole Wheat Flour, Sugar, Enriched Wheat Flour, Water, Chocolate Chips, Transfat-Free Soy Shortening, Raisin Paste, Egg Powder, Baking Soda, Salt, Natural Flavor.	Wheat/Gluten, Milk, Egg, Soy
Vanilla/Sugar Cookie	FatCat Whole Wheat Flour Blend (52% Whole Wheat Pastry Flour, 48% Unbleached Wheat Flour), Cane Sugar, Apple Sauce (Apples, Water, Ascorbic Acid), Pasteurized Eggs, Butter, Vegetable Oil, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Pure Vanilla Extract and Salt.	Wheat/Gluten, Egg, Milk
Double Cocoa Cookie	FatCat Whole Wheat Flour Blend (52% Whole Wheat Pastry Flour, 48% Unbleached Wheat Flour), Cane Sugar, Apple Sauce (Apples, Water, Ascorbic Acid), Pasteurized Eggs, Vegetable Oil, Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Dextrose, Soya Lecithin), Butter, Cocoa, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Baking Soda, Pure Vanilla Extract and Salt.	Wheat/Gluten, Egg, Milk, Soy

#### Rolls/Buns/Pretzel/Tortilla

Rolls/ Dulls/1 Tetzel/ Te		
Product	Ingredients	Allergens
Whole Wheat Tortilla (2 oz.)	Whole Wheat Flour, Water, Soybean Oil, and 2% or Less of: Salt, Calcium Propionate and Potassium Sorbate (to preserve freshness), Leavening (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Emulsifiers (Mono & Diglycerides, Enzymes, Wheat Starch and Antioxidants), Fumaric Acid, Sodium Bicarbonate, Dough Conditioners (Calcium Sulfate, L-Cysteine Hydrochloride, Ascorbic Acid).	Wheat/Gluten, Soy
BV Pretzel	Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid, Water, Sugar, Corn Malt (Corn Syrup, Malt Syrup, Enzymes, Caramel Color), Whey, Wheat Gluten, Contains Less Than 2% Of: Yeast, Partially Hydrogenated Soybean Oil, Sodium Stearoyl Lactylate, Dough Conditioner (Defatted Soy Flour, Azodicarbonamide (ADA), Calcium Sulfate, Diacetyl Tartaric Acid Esters of Mono-Diglycerides (DATEM), Enzymes, L-Cysteine Hydrochloride, Monoglycerides, Silicon Dioxide, Soybean Oil, Wheat Starch (Contains Sulfites)), Ascorbic Acid, Salt.	Wheat/Gluten, Milk, Soy
Whole Grain Soft Pretzels Individually Wrapped - 100 ct.	Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Corn Syrup, Wheat Gluten, Malted Barley Flour, Ascorbic Acid, Bicarbonates and Carbonates of Soda.	Wheat/Gluten

# Entrees

#### Breakfast

Product	Ingredients	Allergens

General Mills - 25% Less Sugar Cinnamon Toast Crunch Crispy Whole Wheat and Rice Cereal Self-Serve Bowl	Whole Grain Wheat, Sugar, Rice Flour, Canola and/or Rice Bran Oil, Polydextrose, Maltodextrin, Fructose, Dextrose, Salt, Cinnamon, Soy Lecithin, Trisodium Phosphate, Color Added, BHT Added to Preserve Freshness.	Wheat/Gluten, Soy
General Mills - Apple Cinnamon Cheerios	Whole Grain Oats, Sugar, Brown Sugar, Corn Meal, Corn Starch, Corn Syrup, Canola and/or Rice Bran Oil, Apple Puree Concentrate, Salt, Cinnamon, Trisodium Phosphate, Sodium Citrate, Vanillin, Wheat Starch. Vitamin E (mixed tocopherols) Added to Preserve Freshness.	Wheat/Gluten, Soy
General Mills - Frosted Corn Flakes Self-Serve Bowl	Whole Grain Corn, Corn Meal, Sugar, Corn Starch, Salt, Corn Syrup, Malt Syrup, Color Added, Trisodium Phosphate, Distilled Monoglycerides, Sodium Citrate, Natural and Artificial Flavor, Vitamin E (mixed tocopherols) and BHT Added to Preserve Freshness.	Gluten
General Mills - Golden Grahams	Whole Grain Wheat, Sugar, Corn Meal, Brown Sugar Syrup, Canola and/or Rice Bran Oil, Dextrose, Baking Soda, Salt, Trisodium Phosphate, Artificial Flavor. BHT Added to Preserve Freshness.	Wheat/Gluten
Egg, Cheese & Cooked Sausage Crumbles (Made with Turkey) Breakfast Wrap	Filling: Pre-Cooked Scrambled Eggs (Whole Eggs, Skim Milk, Soybean Oil, Corn Starch, Salt, Xanthan Gum, Citric Acid), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May Contain Annatto Color), Water, Cooked Sausage Crumbles (made with turkey) [Ground Turkey Thigh Mechanically Separated Turkey, Water, Soy, Protein Concentrate, Salt, Spices, Dextrose, Flavoring, Sugar, Disodium Inosinate and Disodium Guanylate], Red Sauce Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, Iess than 2% Silicon Dioxide to Prevent Caking), Modified Food Starch (Refined From Corn), Vinegar, Salt, and Flavorings. Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)]. Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium, Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).	Wheat/Gluten, Egg, Milk, Soy

Mini French Toast (Triple Berry Blast) Naturally & Artificially Flavored	Water, Whole Wheat Flour, Enriched Flour Bleached (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil. Contains 2% or Less of: Dextrose, Whey, Baking Soda, Salt, Corn Syrup, Eggs, Sodium Aluminum Phosphate, Corn Cereal, Palm Oil, Monocalcium Phosphate, Modified Corn Starch, Natural and Artificial Flavor, Vegetable and Fruit Juice Concentrates added for color, Soy Lecithin. Contains Wheat, Milk, Egg and Soy Ingredients.	Wheat/Gluten, Soy, Milk, Eggs
Mini Bagels (Cinnamon)	Whole Wheat Flour, Water, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Neufchatel Cheese (Milk, Cream, Cheese Culture, Salt, Carob Bean Gum), Sugar, Maltodextrin, Soybean Oil. Contains Less than 2% of: Non-Fat Milk, Yeast, Modified Corn Starch, Salt, Cinnamon, Cream of Tartar, Methylcellulose. Contains Wheat and Milk Ingredients.	Wheat/Gluten, Milk, Soy
Mini Bagels (Strawberry)	Water, Whole Wheat Flour, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Neufchatel Cheese (Milk, Cream, Cheese Culture, Salt, Carob Bean Gum), Sugar, Maltodextrin, Soybean Oil. Contains Less than 2% of: Non-Fat Milk, Yeast, Modified Corn Starch, Salt, Cream of Tartar, Methylcellulose, Strawberry Powder, Beet Powder Color, Natural and Artificial Flavor. Contains Wheat and Milk Ingredients.	Wheat/Gluten, Milk, Soy
Individually Wrapped Blueberry Burst Pancakes 8ct pouch	Whole Wheat Flour and Enriched Wheat Flour (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin and Folic Acid), Whey, Water, Sugar, Blueberry Bits (Sugar, Wheat Flour, Dried Blueberries, Sunflower Oil, Wheat Starch, Dextrose, Colored with Elderberry Juice Concentrate, Natural Flavors and Sodium Bicarbonate), Soybean Oil, Whole Eggs, Leavening (Baking Soda, Sodium Aluminum Phosphate), Non-Fat Milk, Vanilla Extract, Natural Flavor.	Wheat/Gluten, Milk, Soy, Eggs
Farm Rich Whole Grain French Toast Sticks 51%	Bread (Whole Wheat Flour, Water, Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid], Wheat Gluten, High Fructose Corn Syrup, Yeast, Contains 2% or Less of Each of the Following: Calcium Sulfate, Soybean Oil, Salt, Yeast Nutrients [Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate], Dough Conditioners [May Contain One or More of the Following: Mono- and Diglycerides, Ethoxylated Mono- And Diglycerides, Ascorbic Acid, Enzymes, Azodicarbonamide], Corn Starch, Calcium Propionate [Preservative], Niacin [Vitamin B3], Pyridoxine Hydrochloride [Vitamin B6], Riboflavin [Vitamin B2], Thiamin Mononitrate [Vitamin B1], Vitamin A Palmitate, Calcium, Reduced Iron, Vitamin D3, Wheat Starch, Soy Lecithin, Soy Flour), Water, Whole Wheat Flour, Soybean Oil, Sugar, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Contains 2% or Less of Each of the Following: Carrageenan, Dextrose, Gum Arabic, Leavening (Baking Soda, Monocalcium Phosphate), Natural and Artificial Flavor, Salt, Soy Flour, Soybean Oil, Yeast.   Contains: Wheat, Soy, Milk	Wheat/Gluten, Soy

Mini French Toast (Cinnamon Rush) Naturally & Artificially Flavored	Water, Whole Wheat Flour, Enriched Flour Bleached (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil. Contains 2% or less of: Dextrose, Whey, Brown Sugar, Baking Soda, Salt, Cinnamon, Corn Syrup, Ground Whole Grain Corn, Eggs, Sodium Aluminum Phosphate, Monocalcium Phosphate, Corn Starch, Palm Oil, Natural and Artificial Flavor, Soy Lecithin. Contains Wheat, Milk, Egg and Soy Ingredients.	Wheat/Gluten, Soy, Milk, Eggs
WG Turkey Sausage Breakfast Pizza IW	Crust: Flour Blend [White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Ascorbic Acid [Dough Conditioner], Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water; Contains 2% or Less of: Yeast, Soybean Oil, Sugar, Salt, and Calcium Propionate. Toppings: Cheese Blend (Low Moisture Part Skim Mozzarella Cheese [Cultured Pasteurized Milk, Salt, Enzymes], Mozzarella Cheese Substitute [Water, Vegetable Oil (Corn and/or Soy Oil), Cheese Solids, Modified Food Starch, Non-Fat Dry Milk, Sweet Whey, Salt, Magnesium Oxide, Ferric Orthophosphate, Vitamin A Palmitate, Niacinamide, Zinc Oxide, Pyridoxine Hydrochloride (Vitamin B6), Cyanocobalamin (Vitamin B12)]), Cooked Turkey Pizza Topping (Turkey Breakfast Sausage [Mechanically Separated Turkey, Seasoning {Salt, Natural Flavor, Dextrose, Sugar, Citric Acid, BHA, BHT}, Water], Textured Vegetable Protein [Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium, Pantothenate, Thiamine Mononitrate, Pyridoxine Hydrochloride, Riboflavin, Cyanocobalamin], Water). Sauce: Tomatoes (Water Tomato Paste [Not less than 28% or less of: Dextrose, Salt, Spice, Dehydrated Onions, Dehydrated Romano Cheese (Pasteurized Cultured Cow's Milk, Salt, Enzymes), Garlic Powder, Paprika, Citric Acid, Beet Powder.	Wheat/Gluten, Milk, Soy

#### Beef

Product Inc	gredients	Allergens

Whole Grain Roll: Whole Wheat Flour, Enriched Wheat Flour (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin, Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Contains 2% or Less of: Soybean Oil, Wheat Gluten, Yeast, Salt, Dough Conditioners (Calcium Sulfate, Enzymes, Sodium Stearoyl Lactylate, Ascorbic Acid, Monoglycerides), Calcium Propionate, BBQ Rib Beef Patty: Ground Beef, Water, Textured Vegetable Protein (Soy Flour, Carmel Color), Seasoning (Sugar, Tomato Powder Salt, Brown, Sugar, Natural Flavors (Including Smoke), Onion & Garlic Powder, Worcestershire Sauce Powder (Maltodextrin, Worcestershire Sauce (Distilled Vinegar, Molasses, Corn Syrup, Salt, Caramel Color, Garlic Powder, Sugar, Spices, BBQ Rib Sandwich on a Whole Tamarind, Natural Flavor and Sulfiting Agents)), Molasses Powder Wheat/Gluten, Soy Grain Roll - Individually Wrapped (Refinery Syrup, cane Molasses, Cane Caramel Color), Spices, Extractives of Paprika), Tomato Paste, Sugar, Vinegar, Sodium Phosphate, Caramel Color, Sweet and Smokey BBQ Sauce: Brown Sugar, Water, Tomato Puree (Tomatoes and Citric Acid), Molasses, Red Wine and Distilled Vinegar, Sugar, Salt, Starch and Guar Gum, Smoke Flavor, Worcestershire Sauce (Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Tamarind, and Natural Flavor), Spices and Natural Flavors. Ground Beef (Not More Than 20% Fat), Seasoning (Hydrolyzed Corn Protein, Dextrose, Salt, Flavoring), Sodium Phosphates, **Chopped Beef Steak** Caramel Color Whole Grain Hamburger Bun: Whole Wheat Flour, Enriched Wheat Flour (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Contains 2% or Less of: Soybean Acid, Azodicarbonamide, Calcium Peroxide), Monoglycerides, Calcium Propionate (Preservative). Beef Patty: Ground Beef, Water, Textured Vegetable Protein (Soy Flour, Caramel Color), Seasoning (Salt, Garlic Powder, Onion, Powder, Spice, Sugar, Beef Flavor (Contains Beef Extract Maltodextrin, Beef Stock, Yeast Extract, Salt, Lactic Acid, Flavor, Citric Acid), Flavorings (Soybean Oil, Butter Flavor, Annatto and Turmeric for Color), Mesquite Flavor Cheeseburger Sliders -Wheat/Gluten, Soy and (Maltodextrin, Natural Mesquite Smoke Flavoring) and Grill Individually Wrapped Milk Flavor (from Vegetable Oil), Caramel Color. Reduced Sodium, Reduced Fat American Cheese: Cultured Pasteurized Milk and Skim Milk, Milk Fat, Whey Protein Concentrate, Contains less than 2% of Salt, Sodium Citrate, Potassium Citrate, Guar Gum, Locust Bean Gum, Xanthan Gum, Lactic Acid, Sorbic Acid (Preservative), APO-Carotenal and Beta-Carotene (Color-If Colored), Enzymes, Vitamin A Palmitate, Soy Lecithin and Soybean Oil Blend.

Meat Loaf	Ground Beef (Not More Than 30% Fat), Water, Vegetable Protein Product [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12), (May Contain Caramel Color), (May Contain Soy Lecithin)], Bread Crumbs [Bleached Wheat Flour, Soybean Oil, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Whey, Oleoresin Paprika], Tomato Ketchup [Tomato Concentrate, Corn Syrup, Distilled Vinegar, Salt, Natural Flavorings, Onion Powder, Spice, Garlic Powder], Onions, Green Bell Peppers, Salt, Seasoning [Dehydrated Onion, Dextrose, Autolyzed Yeast Extract, Spice Extractives], Dried Whole Eggs, Sodium Phosphate. Topped With Ketchup: Tomato Ketchup [Tomato Concentrate, Corn Syrup, Distilled Vinegar, Salt, Natural Flavorings, Onion Powder, Spice, Garlic Powder]. Contains: Soy, Wheat, Eggs, Milk	Soy, Wheat/Gluten, Milk, Eggs
Beef Mac & Cheese	Cheese Sauce (Reduced Fat Milk [Reduced Fat Milk, Skim Milk, Vitamin A Palmitate, Vitamin D3], American Cheese [Pasteurized Milk & Skim Milk, Whey Protein Concentrate, Potassium Citrate, Salt, Sodium Citrate, Lactic Acid, Sorbic Acid (Preservative), APO-Carotenal (Color)], Soybean Oil, Modified Food Starch [Corn], Spice), Whole Wheat Fusilli (Pasta [Whole Wheat Durum Flour, Durum Wheat Semolina, Durum Wheat Flour (Enriched with Iron (Ferrous Sulfate), B Vitamins (Niacin, Thiamin, Mononitrate, Riboflavin, Folic Acid))], Water, Sunflower Oil), Beef Crumble (Ground Beef (Not more than 30% Fat), Water, Textured Vegetable Protein (Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)), Seasoned with 1% or Less of Each: Hydrolyzed Soy Protein (Caramel Color), Hydrated Onion and Garlic, Salt, Potassium Chloride, Maltodextrin, Spice, Sugar, Autolyzed Yeast, Torula Yeast, Yeast Extract, Disodium Inosinate, Natural Flavoring, Gum Arabic).	Milk, Soy
Spaghetti with Beef Marinara Sauce	Cooked Ground Beef: Ground Beef (85% Lean), Water, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sugar, Sodium Phosphates, White Pepper, Onion Powder, Mononitrate, Riboflavin, Folic Acid, Spice, Garlic Powder, Xanthan Gum, Extracts of Paprika. Whole Wheat Spaghetti Pasta: Whole Wheat Durum Flour, Semolina, Water, Salt. Tomato Sauce: Tomato Paste, Cooked Whole Tomatoes Water, Soy Oil, Salt, Oregano, Tyme, Onion Powder, Garlic Powder.	Wheat/Gluten, Soy

Chicken Product Ingredients Allergens

Mini Twin Teriyaki Chicken on a Whole Grain Bun	Flame Broiled Chicken Patty with Teriyaki Sauce: Chicken Breast Meat with Rib Meat, Water, Textured Soy Protein Product (Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Seasoning (Corn Syrup Solids, Brown Sugar, Dextrose, Vinegar Powder (Maltodextrin, Food Starch- Modified, Vinegar Solids). Garlic Powder, Onion Powder, Dehydrated Cooked Chicken, Contains 2% or Less of: Vegetable Protein Product [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin *(B12)], Potassium Phosphate, Glazed with Teriyaki Sauce [Soy Sauce Water, Distilled Vinegar, Modified Food Starch Pineapple Juice Concentrate, Soybean Oil, Caramel Color, Xanthan Gum, Garlic Powder, Sodium Benzoate, Spice, Natural Flavor] Fully Baked Whole Grain Bun: Water, Whole Wheat Flour, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Enzyme, Folic Acid). Sugar, Instant Dry Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid), Contains 2% or Less of: Soybean Oil, Salt, Monoglycerides, with Ascorbic Acid and Citric Acid (Antioxidants), Calcium Propionate (Preservative), Calcium: Sulfate, Enzyme, Wheat Starch, Ascorbic Acid, Microcrystalline Cellulose. Contains: Soy, Wheat	Wheat/Gluten, Soy
Grilled Chicken Breast Drummie with Honey BBQ Sauce	Chicken Breast with Rib Meat, Water, Vegetable Protein Product [Soy Protein Concentrate, Zinc, Oxide, Niacinamide, Ferrous, Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1) Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12), (May Contain Caramel Color), (May Contain Soy Lecithin)], Salt (Salt, Potassium Chloride), Potassium Phosphate, Glazed With Honey Barbeque Sauce [High Fructose Corn Syrup, Distilled Vinegar Tomato Paste, Corn Syrup, Honey, Molasses, Water, Salt, Natural Flavor, Modified Corn Starch, Natural Hickory Smoke Flavor Spices, Onion Powder, Garlic Powder, Sodium Benzoate (Preservative) Caramel Color, Sugar] Contains: Soy	Soy, May Contain Wheat/Gluten
Golden Crispy Whole Grain Made with Whole Muscle Filet, 3.75 oz.	Chicken Breast with Rib Meat, Water, Isolated Soy Protein, Seasoning [Brown Sugar, Salt, Onion Powder, Chicken Stock, Canola Oil, Yeast Extract, Carrot Powder, Vegetable Stock (Carrot, Onion, Celery), Garlic Powder, Flavors, Maltodextrin, Silicon Dioxide and Citric Acid], Sodium Phosphates, Seasoning (Potassium Chloride, Rice Flour), Breaded With: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Dried Onion, Dried Garlic, Sugar, Wheat Gluten, Torula Yeast, Dextrose, Spice Dried Yeast, Paprika Extract (color), Turmeric Extract (color). Breading Set in Vegetable Oil. Contains: Soy	Wheat/Gluten, Soy
Chicken Breakfast Sausage	Boneless Dark Chicken, Seasoning [Salt, Dextrose, Spices, Beef Flavor (Contains Salt, Autolyzed Yeast Extract, Beef Extract), Maltodextrin, Beef Fat, Modified Corn Starch, Onion Powder, Yeast Extract, Natural Flavor, Garlic Powder, Sodium Succinate, Beef Gelatin, Gum Arabic, Ascorbic Acid], Modified Food Starch, Water, Sodium Phosphates, Carmel Color, Natural Flavors.	

Chicken Nuggets	Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. Breaded With: Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Extractive of Paprika. Battered With: Water, Whole Wheat Flour, Salt, Whey, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spice, Garlic Powder, Xanthan Gum, Extractives of Paprika. Contains: Egg, Milk, Soy and Wheat.	Soy, Egg, Wheat/Gluten, Milk
Chicken Tenders	Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, Breaded With: Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Extractives of Paprika, Battered With: Water, Whole Wheat Flour, Salt, Whey, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spice, Garlic Powder, Xanthan Gum, Extractive of Paprika. Contains: Egg, Milk, Soy and Wheat.	Soy, Egg, Wheat/Gluten, Milk
Breaded Popcorn Chicken	Chicken Breast with Rib Meat, Salt, Sodium Phosphates. Breader: (Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dehydrated Potatoes (Potatoes, Mono and Diglycerides, Dextrose), Yeast, Sugar, Salt). Battered With: Water, Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Potato Flour, Salt, Modified Corn Starch, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Chicken Flavor (Contains Maltodextrin, Salt and Natural Flavors), Hydrolyzed Corn Protein, Onion Powder, Garlic Powder, Yeast Extract, Chicken Broth, Spice. Contains: Wheat.	Wheat/Gluten
Lightly Glazed Whole Nugget	Boneless, Skinless Chicken Breast Chunks with Rib Meat, Water, Salt, Sodium Phosphates, Modified Food Starch, Dextrose, Natural Flavor. Coated With: Corn Starch, Modified Corn Starch, Tapioca Dextrin.	

Hot 'N Spicy Whole Grain Made with Whole Muscle Filet	Portioned Chicken Breasts with Rib Meat, Water, Isolated Soy Protein, Seasoning [Brown Sugar, Salt, Onion Powder, Chicken Stock, Canola Oil, Yeast Extract, Carrot Powder, Vegetable Stock (Carrot, Onion, Celery), Garlic Powder, Flavors, Maltodextrin, Silicon Dioxide and Citric Acid], Sodium Phosphates, Seasoning (Potassium Chloride, Rice Flour). Breaded With: Whole Wheat Flour, Water, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Onion Powder, Spices, Contains 2% or Less of the Following: Modified Corn Starch, Sugar, Garlic Powder, Modified Wheat Starch, Extractives of Paprika Yeast Extract Maltodextrin, Lactic Acid, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Natural Flavors, Dextrose. Breading set in Vegetable Oil. Contains: Soy, Wheat	Soy, Wheat/Gluten
Bagel Dog	Bun (White Whole Wheat Flour (whole wheat flour), Wheat Flour Enriched (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin and Folic Acid), Water, Sugar, Dry Malt (Malted Barley Flour, Dextrose, Wheat Flour), Soybean Oil (Fully Refined Soybean Oil), Yeast (Yeast, Sorbitan Monostearate), Potassium Sorbate, Salt, Diacetyl Tartaric Acid Esters of Monodigycerides (datem), and 2% or less of each of the following: Enzymes (Contains Wheat), Ascorbic Acid (Vitamin C), L-Cysteine Hydrochloride), Sodium Stearoyl Stearoyl Lactylate [SSL].) Uncured Chicken Frank (Mechanically Separated Chicken, Water, Dextrose, Contains Less than 2% Salt, Flavorings, Sodium Diacetate, Corn Syrup Solids, Corn Syrup, Paprika, Sodium Phosphate, Sodium Erythorbate, Celery Powder.)	Wheat/Gluten, Soy
Chipotle Chicken Gordita	Whole Grain Gordita (Wheat Flour (White Whole Wheat and Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin and Folic Acid)) Water, Yeast, Soybean Oil, Baking Powder (Sodium Acid, Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Sugar, Salt, Vegetable Gums (Guar and/or Arabic Gum), Mono & Diglycerides, Enzymes, L-Cysteine, Monocalcium Phosphate, Calcium Propionate.) Fully Cooked Boneless Chicken White Meat, Rojo Sauce I (Water, Tomato Puree [Tomato Puree, Salt, Citric Acid], Tomato Paste, Fresh Lime Juice, Distilled White Vinegar, Fresh Cilantro, Sugar, Dehydrated Garlic, Chili Powder, Soybean Oil, Sea Salt, Dehydrated Onion, Modified Food Starch (Corn), Spices), Cheddar Cheese (Milk, Cheese Culture, Salt, Enzymes).	Wheat/Gluten, Soy, Milk
Fully Cooked Breaded Chicken Nugget	Ground Chicken Breast Meat, Water, Modified Food Starch, Salt, Batter with Water, Wheat Flour Breaded with Whole Wheat Flour Breading is Set in Vegetable Oil. Coated With: Aged Cayenne Red Peppers, Vinegar, Salt and Garlic.	Wheat/Gluten

Double Dogs (Chicken)	Hot Dog Bun: Whole Wheat Flour, Enriched Wheat Flour (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Contains less than 2% of: Soybean Oil, Wheat Gluten, Yeast, Salt, Enzymes, Calcium Propionate, Monoglyceride, Calcium Carbonate. Chicken Franks: Mechanically Separated Chicken, Water, Dextrose, Salt, Contains less than 2% Flavorings: Corn Syrup Solids, Corn Syrup, Sodium Diacetate, Sodium Phosphate, Sodium Erythorbate, Celery Salt.	Wheat/Gluten, Soy
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Turkey		
Product	Ingredients	Allergens
Uncured Turkey Frank, 2.0 oz.	Mechanically Separated Turkey, Water, Contains 2% or Less Seasoning (Corn Syrup Solids, Dextrose, Sugar, Paprika, Natural Flavoring), Salt, Potassium Chloride, Natural Flavor (Celery Juice Powder), Natural Smoke Flavoring.	
Fully Cooked Crispy Turkey Bacon	Dark Turkey, White Turkey, Water, Sugar, Salt, Contains 2% Or Less, Natural Smoke Flavoring, Sodium Erythorbate, Natural Flavoring, Sodium Nitrite, Vegetable Oil.	
All Natural Uncured Turkey Ham, .76 oz.	Turkey Thigh Meat With A Portion Of Ground Turkey Thigh Trim Added, Sugar, Vinegar, Contains 2% Or Less Salt, Natural Flavor (Celery Juice Powder), Baking Soda, Natural Smoke Flavor.	
Pre-Cooked Dark Turkey with Brown Gravy	Dark Turkey, Turkey Broth, Salt, Sodium Phosphate, Gravy Ingredients: Turkey Fat, Contains 2% Or Less Modified Food Starch, Chicken Base (Chicken Meat Including Chicken Juices, Sale, Hydrolyzed Soy and Corn Protein, Sugar, Natural Flavorings, Potato Flour, Autolyzed Yeast Extract, Carrot Powder, Turmeric), Barley Malt Powder, Celery Salt, Onion Salt, Flavoring, Contains: Soy, Gluten.	Soy, Gluten
Turkey Breast Steak, 1.41 oz.	Turkey Breast, Turkey Broth, Contains 2% Or Less Salt, Dextrose, Carrageenan, Sodium Phosphate, Vegetable Oil.	
Italian Combo Sandwich (Cheese, Turkey Ham, Turkey Pepperoni & Turkey Salami) on Whole Grain Roll	Roll: Whole Wheat Flour, Unbleached Enriched Wheat Floor (Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid, Water, Sugar, Soybean Oil,, Yeast, Salt, Wheat Gluten, Dough Conditioners (Wheat Flour, Monocalcium Phosphate, Corn Starch, Calcium Sulfate, Corn Flour, Ammonium Sulfate, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, L-Cysteine, Enzyme), Calcium Propionate (Preservative) Turkey Salami: Turkey, Water, Seasoning (Dextrose, Corn Syrup Solids, Spices, Garlic Powder, Sodium Eryrborate, Contains 2% or Less: Sea Salt, Potassium Chloride, Natural Smoke Flavoring, Sodium Nitrate. Turkey Pepperoni: Turkey, Pepperoni Seasoning (Corn Syrup, Spice Mustard), Paprika, Dextrose, Natural Flavor (Including Smoke Flavor), Oleoresin, Paprika, Garlic Powder, Sugar), Water, Contains 2% or Less Citric Acid, Salt, Dextrose, Carrageenan, Pepper, Sodium Nitrate. Turkey Ham: Turkey Thigh, Meat with A Portion of Ground Turkey Thigh Trim Added, Sugar, Vinegar, Contains 2% or Less Salt, Natural Flavor (Celery Juice Powder), Baking Soda, Natural Smoke Flavoring. Pasteurized Process American Cheese: Cultured Skim Milk and Milk, Water, Whey, Sodium Citrate, Potassium Citrate, Paprika and Annatto (Color), Salt, Sorbic Acid (Preservative, Enzymes, Soy Lecithin (Non Sticking Agent).	

Turkey & Cheese Wrap	Tortilla: Whole Wheat Flour, Water, Soy Oil, Honey, Contains 2% or less of the following: Potato Starch, Dough Conditioners (Sodium Stearoyl Lactylate, Mono & Diglycerides, L-Cysteine), Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Potassium Bicarbonate), Corn Starch, Sodium Propionate and Citric Acid (Preservatives), Cellulose Gum, Guar Gum, Sodium Propionate (Preservative), Calcium Sulfate, Salt, Sorbic Acid, Fumaric Acid. Turkey Breast: Turkey Breast, White Turkey, Turkey Broth, Contains 2% or Less Modified Food Starch, Lite Salt (Potassium Chloride, Sodium Chloride), Sodium Phosphate, Salt. Low Moisture Part Skim Mozzarella Cheese: Pasteurized Part Skim Milk, Cheese Cultures, Salt, Sorbic Acid, Enzymes, Soy Lecithin., Pasteurized Process American Cheese: Cultured Skim Milk and Milk, Water, Whey, Sodium Citrate, Potassium Citrate, Paprika and Annatto (color), Salt, Sorbic Acid (preservative), Enzymes, Soy Lecithin (non-sticking agent).	Wheat/Gluten, Soy, Milk
Turkey Breast & Mozzarella Cheese Hoagie Sandwich	Turkey Breast: Turkey (Mechanically Separated Turkey), Water, Corn Starch Modified, Corn Syrup, Sodium Lactate, Salt, Dextrose, Milk Skim, Enzymes, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate, Paprika Extract. Mozzarella Cheese: Pasteurized Milk, Cheese Cultures, Enzymes, Salt, Whole Wheat Hoagie Bun: Whole Wheat Flour, Water.	Wheat/Gluten, Soy, Milk
Turkey Carnitas Burrito	Pinto Beans: (Cooked Beans, Water. Contains 2% or less of Salt, Distilled Vinegar, Chili Pepper, Onion Powder, Spices, Garlic Powder, Natural Flavor.) Turkey: Boneless, Skinless Turkey Thigh Meat, Onion Powder, Garlic Granules, Paprika Extract. Tortilla: (Whole Grain Wheat Flour (Ultra Grain), Enriched Wheat Flour (Wheat Flour, Malted Barley, Ferrous Sulfate, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (may contain Soybean, Cottonseed), Margarine Leavening (Corn Starch, Sodium Bicarbonate, Potassium Sorbate, Guar Gum, Fumaric Acid, L-Cysteine.) Low Fat Mozzarella Cheese: (Pasteurized Milk, Milk Culture, Salt, Enzymes and Annatto Color, Potato Starch and Powdered Cellulose Added to Prevent Caking (Natural Mold Inhibitor). Jalapeño Peppers: Water, Citric Acid, Salt, Calcium Chloride.	Wheat/Gluten, Soy, Milk

#### Pizza

Product	Ingredients	Δllergens
	INOREGIENIS	Allemens

Papa John's 16" WW Low-Fat Turkey Pepperoni - 8 Slice	Shredded Lite Cheese: Lite Mozzarella Cheese (Pasteurized Skim Milk, Cheese Cultures, Salt, Enzymes), Non-Fat Milk, Modified Food Starch, Vegetable Oil* (Applied To Surface), Potassium Chloride, Sodium Citrate, Sodium Propionate (Added as a Preservative), Vitamin A Palmitate., Water, Whole Wheat Flour, Flour Unbleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Wheat Starch, Ascorbic Acid, Enzyme, Niacin, Iron as Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Low-Fat Pepperoni Dark Turkey Meat, Salt, Spices, Contains 2% or Less of Water, Dextrose, Smoke Flavoring, Lactic Acid Starter Culture, Flavoring, Oleoresin of Paprika, Garlic Powder, Sodium Nitrite, Citric Acid, BHA, BHT., Pizza Sauce, Vine-ripened Fresh Tomatoes, Sunflower Oil, Sugar, Salt, Spices, Garlic, Extra Virgin Olive Oil and Citric Acid, Sugar, Soybean Oil, Salt, Yeast. Contains: Milk, Wheat. May Also Contain: Garlic, Gluten, Mustard, Sulphites.	Wheat/Gluten, Milk, Soy
Papa John's 16" WW Low-Fat Cheese - 8 Slice	Shredded Lite Cheese: Lite Mozzarella Cheese (Pasteurized Skim Milk, Cheese Cultures, Salt, Enzymes), Non-Fat Milk, Modified Food Starch, Vegetable Oil* (Applied to Surface), Potassium Chloride, Sodium Citrate, Sodium Propionate (added as Preservative), Vitamin A Palmitate., Water, Whole Wheat Flour, Flour Unbleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Wheat Starch, Ascorbic Acid, Enzyme, Niacin, Iron as Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Pizza Sauce, Vine-ripened Fresh Tomatoes, Sunflower Oil, Sugar, Salt, Spices, Garlic, Extra Virgin Olive Oil and Citric Acid., Sugar Soybean Oil, Salt, Yeast.	Wheat/Gluten, Milk, Soy
Whole Grain 16" Cheese Pizza w/Cheesy Bottom Crust 8-Cut	Crust: Water, White Whole Wheat, Enriched Wheat Flour (Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Canola Oil, Contains 2% or Less of the Following: Shortening, Salt, Yeast, Garlic Powder, Malt, Calcium Propionate (to retard spoilage of crust) Cheese Blend: Mozzarella Cheese (Pasteurized Part Skim Milk, Cultures, Salt, Enzymes), Provolone Cheese *Cultured Part Skim Milk, Salt, Enzymes, May Contain Smoke Flavor), Romano Cheese make from cow's milk (Pasteurized Part Skim Milk, Cheese Cultures, Salt Enzymes). Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes). Sauce: Water, Tomato Paste, Sugar, Salt, Soybean Oil, Modified Food Starch, Spices, Garlic Powder, Cultured Skim Milk, Sodium Benzoate, Potassium Sorbate, Citric Acid, Hydrolyzed Soy Protein. Contains: Milk, Wheat and Soy.	Wheat/Gluten, Milk, Soy
Mozzarella Filled Breadstick	Part Skim Mozzarella Cheese (Pasteurized Milk, Cultures, Salt, Enzymes), Modified Food Starch), Water, Whole Grain Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar Soybean Oil, Gluten, Yeast, Fermented Wheat Flour, Salt. Contains: Milk, Wheat.	Wheat/Gluten, Milk

Crust: Water, Whole Grain Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Canola Oil, Sugar, Soybean Oil, Oat Fiber, Sea Salt, Yeast, Baking Powder \*(Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate), Calcium Propionate, Calcium Sulfate, L-cysteine Hydrochloride, Ascorbic Acid. Cheese: Low Moisture Part-Skim Mozzarella Cheese (Cultured Pasteurized Milk, Slat and Enzymes). Pizza 3 x 5 Whole Grain Pepperoni Wheat/Gluten, Milk, Soy Sauce: Water, Tomato Paste (not Less than 31% Natural Tomato Soluble Solids), Salt, Spices and Flavoring. CN Pepperoni: Pork Beef Salt, Water, Spices, Dextrose, Dehydrated Garlic, Oleoresin of Paprika, Lactic Acid Starter Culture, Sodium Nitrite, BHA, BHT, Citric Acid, Natural Flavor. Contains: Milk, Wheat and Soy. Crust: Water, Whole Grain Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Canola Oil, Sugar, Soybean Oil, Oat Fiber, Sea Salt, Yeast, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Mono-Calcium Phosphate), Calcium Propionate, Calcium Sulfate, L-Cysteine Hydrochloride, Ascorbic Acid. Cheese: Low Moisture Part-Skim Mozzarella Cheese (Cultured Pasteurized Milk, Salt and Enzymes). Pizza Sauce: Water, Tomato Paste (Not Less than 31% Natural Tomato Wheat/Gluten, Milk, Soy 3 x 5 Whole Grain Cheese Soluble Solids), Salt, Spices and Flavoring. Contains: Milk, Wheat and Soy. Crust: Whole Wheat Flavor, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Soybean Oil, Instant Dry Yeast, Salt, Baking Soda, Baking Powder, Pasteurized Dried Egg Yolks (Less than 2% Sodium Silicoaluminate Added). Cheese: Low-Moisture Part Skim Mozzarella Cheese (Pasteurized Part-Skim Cultures And/or Milk Cultures, Salt, Enzymes), Reduced Fat Mozzarella Cheese (Pasteurized Part Skim Milk, Non-Fat Milk, Cheese Cultures, Modified Corn Starch\*, Salt, Vitamin A Palmitate and Enzymes, \*Ingredients Not in Regular Mozzarella Cheese). Sauce: Water, Tomato Paste, Seasoning (Sugar, Salt, Natural Spices [White Pepper, Aniseed, Black Pepper, Red Pepper] and Herbs [Oregano, Basil], Dehydrated Garlic, Onion, and Soybean Oil), Wheat/Gluten, Milk, Soy, Egg Whole Grain Pepperoni Calzone Methylcellulose. Pepperoni: Made with Chicken and Beef, BHA, BHT with Citric Acid Added to Help Protect Flavor: Ground Chicken, Beef, Salt, Contains 2% or Less of Spices, Dextrose, Lactic Acid Starter Culture, Oleoresin of Paprika, Sodium Ascorbate, Flavoring Sodium Nitrite, BHA, BHT, Citric Acid. Bastings: Sprinkle (Grated Parmesan Cheese [Cow's Milk, Cheese Culture, Salt and Enzymes, Anti-Caking Agent], Soybean Oil, Spice Mix [Basil, Parsley, Oregano and Red Pepper], Garlic Powder).

	Crust: Flour Blend (White Whole Wheat Flour Enriched Flour
Pre-Sliced Whole Grain Pizza with Turkey and Beef Pepperoni	Crust: Flour Blend (White Whole, Wheat Flour, Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]). Water, Vegetable Oil (Soybean, Cottonseed, Corn and/or Canola Oil), Yeast, Contains 2% or Less of: Sugar, Non-Fat Dry Milk, Sea Salt, Wheat Gluten, Dough Conditioner (Whey, Ammonium Sulfate, L-Cysteine). Sodium Stearoyl Lactylate, Datem. Toppings: Low Moisture Part Skim Milk, Salt, Enzymes). Turkey and Beef Pepperoni (Turkey, Beef, Salt, Spices, Dextrose, Lactic Acid Start Culture, Oleoresin of Flavor, BHA, BHT, Citric Acid). Sauce: Wheat/Gluten, Soy, Milk Tomatoes (Water, Tomato Paste [Not Less than 28% Soluble Solids]), Contains 2% or Less of: Modified Food Starch, Parmesan Cheese (Cultured Pasteurized Part Skim Milk, Salt, Enzymes), Sugar, Dextrose, Salt, Spice, Onion, Dehydrated Romano Cheese (Cultured Pasteurized Sheep's and Cow's Milk, Salt, Enzymes), Garlic Powder, Paprika, Citric Acid.

#### Asian

Product	Ingredients	Allergens
BBQ Teriyaki Chicken & Brown Rice (Tray Pack)	Chicken: Chicken Leg Meat, Water, Sugar, Soy Sauce (Water, Soy Bean, Salt, Sugar, Wheat Flour, Extract of Mushrooms) Lime Juice 100%, Salt, Garlic, Ginger and Green Onion. Rice: Long Grain Brown Rice. Sauce: Water, Sugar, Soy Sauce (Water, Soy Beans, Salt, Sugar, Wheat Flour and Extract of Mushroom) Modified Starch, Salt, Garlic, Lime Juice Ginger and Green Onion.	Wheat/Gluten, Soy
Mandarin Orange Chicken	Chicken: Boneless, Skinless Chicken Leg Meat, Water, Cornstarch, White Whole Grain Wheat Flour, Soybean Oil, Liquid Whole Eggs, Salt, White Pepper Powder, Ground Ginger, Garlic Green Onion. Sauce: Water, Sugar, Vinegar, Soy Sauce (Soybeans, Wheat Flour, Water, Salt, Straw Mushroom Extractives), Modified Starch, Mandarin Orange Juice and Peel, Chili Powder, Garlic, Ginger, Green Onion.	Wheat/Gluten, Soy, Eggs

Vegetarian

Product	Ingredients	Allergens
Bean & Cheese Burritos	Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Textured Vegetable Protein Product [Soy Flour, Carmel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, calcium Pantothenate Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B12), Vitamin A Palmitate, and Vitamin B12], Salt, Flavorings, Modified Food Starch (Refined From Corn). Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).	Milk, Soy, Wheat/Gluten

Grilled Cheese Sandwich	Whole Grain Bread: Water, Whole Wheat Flour, Enriched Bread Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Bread Base (Sugar, Soy Oil, Dextrose, Salt, Wheat Flour, Mono & Diglycerides, Calcium Stearoyl Lactylate, Wheat Gluten, Calcium Sulfate, Diacetyl Tartaric Acid Esters of Mono & Diglycerides, Ammonium Sulfate, Ethoxylated Mono & Diglycerides, Guar Gum, Ascorbic Acid, Monocalcium Phosphate, Potassium lodite, Enzyme, Calcium Peroxide), Sugar, Yeast, Wheat Gluten, Calcium Propionate (Preservative). Reduced Sodium, Reduced Fat American Cheese: Cultured Pasteurized Milk and Skim Milk, Milk Fat, Whey Protein Concentrate, Contains less than 2% of Salt, Sodium, Citrate, Potassium Citrate, Guar Gum, Locust Bean Gum, Xanthan Gum, Lactic Acid, Sorbic Acid (preservative), APO-Carotenal and Beta Carotene (Color-If Colored), Enzymes, Vitamin A Palmitate, Soy Lecithin and Soybean Oil Blend. Soybean Oil.	Wheat/Gluten, Soy, Milk
Whole Grain Mini Cheese Ravioli	Filling: Low Fat Ricotta Cheese (Skim Milk, Water, Whey Protein Concentrate, Modified Food Starch, Milkfat, Xanthan Gum, Carrageenan Gum, Potassium Sorbate, Acetic Acid, Artificial Color), Water, Egg, Low Moisture Part Skim Mozzarella Cheese (Cultured Skim Milk, Salt, Enzymes), Romano Cheese Made from Cow's Milk (Cultured Skim Milk, Salt, Enzymes), Whey Protein Isolate, Sodium Caseinate, Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Asiago Cheese (Cultured Milk, Salt, Enzymes), Unbleached Wheat Flour, Garlic Salt (Salt, Dehydrated Garlic), Corn Starch-Modified, Sugar, Dehydrated Garlic. Pasta: Whole Wheat Flour and Enriched Flour Blend (Whole Wheat Flour, Enriched Durum Wheat Flour [Wheat Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid]), Water, Egg.	Milk, Wheat/Gluten, Egg
Macaroni and Cheese	Low Fat Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Water, Non-Fat Dry Milk, Sodium Phosphates Potassium Phosphates, Seasonings, Natural Flavor, 2% Milk. Macaroni (Whole Grain Flour, Semolina, Egg Whites, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid Bicarbonate, Molasses, added Vitamins, and Iron, Extract of Annatto, Flour, Salt & Pepper.	Milk, Wheat/Gluten, Egg

### Fish

Product	Ingredients	Allergens
Whole Grain Breaded Nacho Stick	Alaskan Pollock 65%, Batter & Breading 35%, Water, Whole Wheat Flour. Whole Yellow Corn Meal, Enriched Bleached Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid) Tortilla Chips [Corn, Vegetable Oil (Corn, Soybean And/or Sunflower)], Enriched Wheat Flour (Flour, Niacin, Ferrous, Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Whole Yellow Corn Flour. Contains 2% or Less of Yellow Corn Flour, Corn Starch, Salt, Sugar, Yeast, Spices Garlic Powder Dehydrated Parsley Extractives of Paprika, Onion Powder, Yeast Extract, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spice, Extractive Fried In Canola And/or Soybean Oil. Contains: Fish (Pollock) Wheat.	Wheat/Gluten, Fish, Soy

## Sides

Beverages

Product	Ingredients	Allergens
Suncup 100% Apple Juice Fortified with Vitamin C	Water, Apple Juice Concentrate and Ascorbic Acid	
Milk (236mL)	Low Fat Milk, Vitamin A Palmitate and Vitamin D3 Added.	Milk
Chocolate Milk (236mL)	Non-Fat Milk, High Fructose Corn Syrup, Cocoa (Processed with Alkali), Starch, Salt, Carrageenan, Sodium Silicoaluminate (Anticaking Agent), Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.	Milk
Apple & Eve - Fruitables Plus 6.75 oz Power Punch	100% Juice from Sweet Potato, Apple, Pear, Jujube Fruit, Grape, Carrot, Passionfruit, Strawberry and Tomato Juice Concentrates (filtered water and juice concentrates), Natural Flavors, Citric Acid, Ascorbic Acid (Vitamin C), Vitamin A Palmitate, Vitamin E Acetate.	
Apple & Eve - Fruitables Plus 6.75 oz Tropical	100% Juice from Sweet Potato, Apple, Pear, Grape, Jujube Fruit, Carrot, Beet, Pineapple, Cherry, and Tomato Juice Concentrates (filtered water and juice concentrates), Natural Flavors, Citric Acid, Ascorbic Acid (Vitamin C), Vitamin A Palmitate, Vitamin E Acetate.	
Enriched Soymilk Vanilla	Organic Soymilk (Filtered Water, Whole Organic Soybeans), Brown Rice Sweetener (Filtered Water, Brown Rice), Natural Vanilla Flavor with Other Natural Flavors, Tricalcium Phosphate, Sea Salt, Carrageenan, Vitamin A Palmitate, Vitamin D2.	Soy
Powerade Zero - Mixed Berry	Water, Less Than 1% of Citric Acid, Salt and Mono-Potassium Phosphate and Magnesium Chloride and Calcium Chloride (Electrolyte Sources), natural Flavors, Sucralose, Acesulfame Potassium, Vitamin B3 (Niacinamide), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B12, Blue 1, Ascorbic Acid (to protect taste), Calcium Disodium EDTA (To protect Color).	
Treetop Fruit Full 100% Fruit Smoothie - Mango	Water, Concentrate Pear Puree, Concentrate Apple Juice, Concentrate Mango Puree, Concentrated Pear Juice, Concentrated Fruit Purees of Peach and Apricot, Natural Flavors, Citric Acid, Ascorbic Acid (Vitamin C).	

#### Condiments

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Product	Ingredients	Allergens
Light Jalapeno Ranch Dressing - 1 oz.	Cultured Non-Fat Buttermilk, Soybean Oil, Water, Vinegar, Jalapeno Peppers, Sugar, Contains Less than 2% of Salt, Eggs, Egg Yolks, Cultured Non-Fat Milk, Non-Fat Milk, Modified Corn Starch, Phosphoric Acid, Guar Gum, Xanthan Gum, Maltodextrin, Lemon Juice Concentrate, Spices (Contains Mustard), Dried Red Bell Pepper, Onion Powder, Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Garlic Powder, Paprika, Ground Peppers, Disodium Inosinate and Disodium Guanylate, Yeast Extract, Corn Syrup Solids, Calcium Disodium EDTA (Preservative).	Milk, Soy, Egg
Sour Cream - 2 tbsp. (30g)	Grade A Cultured Milk, Cream, Non-Fat Milk Powder and Gelatin.	Milk

Heinz Ketchup (9g) - 1 Packet	Tomato Concentrate Made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring.	
Heinz Americana Mustard (5.5 g) 1 Packet	. White Distilled Vinegar, Water, Mustard Seed, Salt, Turmeric, Natural Flavor.	
Heinz Taco Sauce (9g)	Water, Tomato Paste, Distilled Vinegar, Corn Syrup, Modified Food Starch, Salt, Spices Including Paprika, Citric Acid, Potassium Sorbate and Sodium Benzoate as Preservatives.	
Whole Grain Croutons (7g) - 2 tbsp.	Whole Wheat Flour, Canola And/or Sunflower Oil (Contains Citric Acid And/or Tocopherols), Seasoning [Sugar, Whey, Salt, Romano Cheese [(Milk, Salt, Cheese Cultures, Enzymes), Whey, Disodium Phosphate, Lactic Acid], Parmesan Cheese [(Milk, Cheese Cultures, Salt, Enzymes), Whey, Salt, Disodium Phosphate, lactic Acid], Tomato&, Garlic*, natural Flavor, Vinegar Powder (Maltodextrin, Vinegar), Spices], Rye Chops, Salt, Oats, Water, Yeast, Cracked Wheat, Vital Wheat Gluten, Caraway Seeds, natural Butter Flavor, Ascorbic Acid. *Dehydrated Contains: Milk, Wheat	Wheat/Gluten, Milk
SoyNut Butter, Cups - 1.12 oz.	Roasted Soybeans (Non-GMO), Naturally Pressed Soybean Oil, Granulated Cane Sugar, Palm Oil, Maltodextrin (from Corn), Salt.	Soy
Heinz Syrup (28g)	Corn Syrup, Water, Sugar, Potassium Sorbate as a Preservative, Caramel Color, Salt, Citric Acid, Propylene Glycol, Natural and Artificial Flavors.	
Heinz BBQ Sauce (12g)	Water, High Fructose Corn Syrup, Tomato Paste, Distilled Vinegar, Corn Syrup, Salt, Molasses Modified Food Starch, Natural Flavors, Onion Powder, Spices, Sodium Benzoate and Potassium Sorbate as Preservatives.	
Heinz Mayo (12g)	Soybean Oil, Water, Egg Yolk, Distilled Vinegar, Corn Syrup, High Fructose Corn Syrup, Salt, Spices, Calcium Disodium EDTA to Protect Flavor, Natural Flavors, Contains: Egg	Soy, Egg
Guacamole	Hass Avocado, Water, Red Bell Pepper, Spices (includes Jalapeno), Salt, Sugar, Dehydrated Onion, Erythorbic Acid and/or Ascorbic Acid (to maintain natural color), Dehydrated Garlic, Sodium Alginate, Xanthan Gum, Citric Acid.	
Lite Italian - 1.5 oz. cup	Water, Vinegar (Cider, Distilled), Soybean Oil, Corn Syrup, Salt, Contains less than 2% of: Xanthan Gum, Garlic Onion, Sodium Benzoate, Potassium Sorbate, and Calcium Disodium EDTA as preservatives, Propylene Glycol Alginate, Maltodextrin, Hydrolyzed Soy Protein (Soy), Red Bell Pepper, Spice, Yeast Extract, natural Flavor, Caramel, Yellow #5, Sunflower Oil, Yellow #6.	Soy
Salsa Portion Cup (29g)	Tomato Puree (Water, Tomato Paste), Diced Tomatoes, Jalapeno Peppers, Vinegar, Water, Less Than 2% of: Dried Onion, Sea Salt, Salt, Sugar, Dried Garlic, Natural Flavors, Spices, Citric Acid.	
Marinara Sauce	Vine Ripened Tomatoes, Tomato Puree, Soybean Oil, Corn Syrup, Salt, Food Starch Modified, Dehydrated Onion, Dehydrated Garlic, Spices, Dextrose, Citric Acid and Natural Flavors.	Soy

## **Dairy Sides**

Product	Ingredients	Allergens
Pepper Jack Cheese Readi-Pac	Cultured Pasteurized Milk, Red and Green Jalapeno Peppers,	Milk
Slices	Salt, Enzymes.	WIIK

25% Reduced Fat Mild Cheddar Readi-Pac Slices	Cultured Pasteurized Milk, Salt, Enzymes, Annatto (color), *Vitamin A Palmitate. Contains: Milk *not found in regular cheddar cheese	Milk
5lb 160 Slice American (BC), Yellow Cheese	Cultured Pasteurized Milk and Skim Milk, Cream, Sodium Citrate, Salt, Contains les then 2% of Milkfat, Sorbic Acid (preservative), Lactic Acid, Beta-Carotene and Apo-Carotenal (color), Enzymes, Soy Lecithin and Soybean Oil Blend.	Milk, Soy
5lb RS RF Shred Cheddar	Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Annatto (Color), Vitamin A Palmitate (not found in regular cheddar cheese), Powdered Cellulose added to prevent caking. Contains: Milk	Milk
Shredded Mozzarella Cheese Pouches	Cultured Pasteurized Part-Skim Milk, Salt, Enzymes, Powdered Cellulose, Added to prevent caking. Contains: Milk	Milk
Bongards - 168/1oz. Marble Jack Stick	Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Color	Milk
Yogurt Blueberry Fruit on the Bottom Low Fat	Cultured Grade A Reduced Fat Milk, Sugar, Blueberries, Water, Modified Corn Starch, Contains Less than 1% of Kosher Gelatin, Natural Flavor, Pectin, Fruit Juice and Vegetable Juice (for Color), Calcium Citrate, Malic Acid, Vitamin D3, Sodium Citrate.	Milk
Yogurt Strawberry Fruit on the Bottom Low Fat	Cultured Grade A Reduced Fat Milk, Sugar, Strawberries, Modified Corn Starch, Water, Contains Less Then 1% of Kosher Gelatin, Natural Flavor, Carrageenan, Disodium Phosphate, Beta Carotene and Vegetable Juice (For color), Malic Acid, Vitamin D3.	Milk
Danimals (113g) - 1 Container	Cultured Grade A Non Fat Milk, Sugar, Water, Modified Food Starch, Contains Less than 1% of Modified Corn Starch, Kosher Gelatin, Beta-carotene and Vegetable Juice (for Color), natural Flavors, Agar Agar, Potassium Sorbate (to maintain freshness), Malic Acid, Vitamin D3, Sodium Citrate.	Milk
Mozzarella String Cheese Portion	Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes	

Veggie/Legume

Product	Ingredients	Allergens
Vegetarian Baked Beans	Prepared White Beans, Water, Brown Sugar, Sugar, Salt, Mustard (Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices), Modified Corn Starch Onion Powder, Caramel Color, Spices, Garlic Powder, and Natural Flavor.	
Beans, Vegetarian, Low-sodium, Canned	Vegetarian Beans, Canned, Low-Sodium	
Frozen 4 Way Mixed Vegetables	Frozen 4 Way Mixed Vegetables	
Tomatoes, Diced, No Salt Added, Canned	Tomatoes, Diced, No Salt Added	
Vegetarian Refried Beans	Prepared Pinto Beans, Water, Vegetable Oil (May Contain One or More of the Following: Cottonseed Oil, Corn Oil, Soybean Oil with Preservatives BHA, BHT, Propyl Gallate and/or Citric Acid),	Soy
Oven Baked Fries	Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Soybean Oil, Cottonseed Oil, Sunflower Oil, Corn Oil), Dextrose, Sodium Acid Pyrophosphate Added to Preserve Natural Color.	Soy

Mashed Potatoes	Precooked Dried, Selected Russet Potatoes, Whey Solids (from Milk), and less than 1% of Calcium Stearoyl Lactylate, Corn Syrup Solids, Soy Protein, Partially Hydrogenated Vegetable Oil (Palm Kernel, Soybean, and Cottonseed Oils) with Soy Lecithin, Sodium Caseinate (from Milk), Mono- and Diglycerides, Dipotassium Phosphate, Artificial Flavor, DATEM. Contains: Milk, Soybean	Milk, Soy
Ranch Mashed Potatoes	Potatoes: Precooked Dried, Selected Russet Potatoes, Whey Solids (from Milk), and less than 1% of Calcium Stearoyl Lactylate, Corn Syrup Solids, Soy Protein, Partially Hydrogenated Vegetable Oil (Palm Kernel, Soybean, and Cottonseed Oils) with Soy Lecithin, Sodium Caseinate (from Milk), Mono- and Diglycerides, Dipotassium Phosphate, Artificial Flavor, DATEM. Ranch Seasoning: Salt, Maltodextrin, Dehydrated Garlic, Dehydrated Onion, Monosodium Glutamate, Gum Blend (Xanthan, Carrageenan), Parsley, Spice, Natural Flavor.	
Potato Wedges	Potatoes, Vegetable Oil (Contains One or More of the Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Potato Starch - Modified. Contains 2% or less of Annatto (color), Corn Starch - Modified, Corn Starch, Dextrin, Dextrose, Extractives of Capsicum, Extractives of Paprika (color), Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Onion Powder, Paprika (color), Potassium Chloride,, Rice Flour, Salt, Sodium, Acid Pyrophosphate Added to Maintain Natural C9olor, Spices, tapioca Starch - Modified Xanthan Gum	Soy
Tater Tots	Potatoes, Vegetable Oil (Soybean, Canola, Corn, and/or Sunflower), Salt, Disodium Dihydrogen Pyrophosphate (To Maintain natural Color), Dextrose.	Soy
Purely Potatoes Slices	Potatoes, Citric Acid Added to Maintain Natural Color	
Smile Potatoes	Potatoes, Vegetable Oil (Contains One or More of the Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Dried Potatoes. Contains 2% or less of Citric Acid (to Maintain Freshness), Dextrose, Mono- & Diglycerides, Natural Flavors, Potassium Chloride, Potato Starch - Modified, Salt, Sodium Acid Pyrophosphate Added to Maintain Natural Color.	Soy
Whole Grain Breaded Onion Rings	Onions, Whole Wheat Flour, Water, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Corn Starch, Sugar, Contains Less than 2% of: Enriched Yellow Corn Flour (Yellow Corn Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Onion Powder, Garlic Powder, Whey, Yeast, Modified Corn Starch, Spice, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Extractives of Paprika, Guar Gum, Methylcellulose, calcium Chloride, Sodium Alginate, Salt, Soybean Oil.	Wheat/Gluten, Milk, Soy
Chuckwagon Corn	85% Whole Kernel Corn, 7% Diced Green Peppers (3/8"), 5% Diced Onions (3/8"), and 3% Diced Red Peppers (3/8")	
Corn	Corn, Yellow, Boiled, Drained without Salt Added	
Carrots, Baby Cut, Fresh	Carrots, Baby-Cut, Raw	

Oven Ready Whole Grain Breaded Green Beans	Green Beans, Whole Wheat Flour, Water, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid). Contains Less than 2% of: Yeast, Modified Corn Starch, Enriched Yellow Corn Flour (Yellow Corn Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whey, Onion Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Garlic Powder, Guar Gum, Methylcellulose, Extractives of Paprika, Sugar, Spice, Salt, Soybean Oil.	Wheat/Gluten, Milk, Soy
Beans, Black (Turtle), Low- sodium, Canned	Black Beans	

## **Fruit**

Product	Ingredients	Allergens
Healthy Fruit Chillers Freezer Tube - Peach	Pineapple Juice Concentrate, Peach Juice Concentrate, Filtered Water (Necessary to reconstitute the concentrates to 100% juice), Citric Acid, Natural Flavors, Beta Carotene, Ascorbic Acid, Gum Arabic, Orange Oils, Ester Gum, Xanthan Gum, Vitamin A Palmitate.	
Healthy Fruit Chillers Freezer Tube - Strawberry Banana	Pineapple Juice Concentrate, Filtered Water (Necessary to reconstitute concentrates to 100% juice), Banana Puree, Strawberry Juice Concentrate, Citric Acid, Ascorbic Acid (Vitamin C), Xanthan Gum, Purple Carrot Extract, Cellulose Gum, Natural Flavors, Vitamin A Palmitate.	
Raisels - Sour Orange	Golden Raisins, Sugar, Natural Flavor, Citric Acid, Ascorbic Acid, Suiter Dioxide.	
Raisels - Sour Watermelon	Golden Raisins, Sugar, Natural Flavor, Citric Acid, Ascorbic Acid, Suiter Dioxide.	
Sun-Maid Raisin Cartons	Raisins.	
Diced Pears Fruit Cup	Pears, Apple Juice, Pear Juice Concentrate, Ascorbic Acid (to protect color), Citric Acid.	
Diced Peaches Fruit Cup	Peaches, Apple Juice, Pear Juice Concentrate, Ascorbic Acid (to protect color), Citric Acid.	
Del Monte - Lite Mixed Fruit	Fruit (Peaches, Pears, Grapes), Water, High Fructose Corn Syrup, Corn Syrup, Sugar. *Mixed Fruit Syrup 60 Cal. Mixed Fruit in Heavy Syrup 100 Cal.*	
Ocean Spray Dried Cranberries - Strawberry	Cranberries, Sugar, Natural Strawberry Flavor with Other Natural Flavors, Citric Acid, Sunflower Oil, Elderberry Juice Concentrate (color).	
Unsweetened Strawberry Applesauce Cups	Apples, Water, Strawberry Puree, Natural Flavor, natural Color, Ascorbic Acid (Vitamin C).	
Unsweetened Cinnamon Applesauce Cups	Apples, Water, Cinnamon, Natural Flavor, Ascorbic Acid (Vitamin C).	

#### Grains

Product	Ingredients	Allergens

Giant Oats and Honey Goldfish Grahams	Rolled Oats, Whole Wheat Flour, Partially Hydrogenated Vegetable Shortening (Soybean and/or Cottonseed Oils), Sugar, Crystalline Fructose, Unbleached Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B12), Folic Acid], Honey, Contains 2% or Less of: Cinnamon, Calcium Carbonate, Salt, Baking Soda, Ascorbic Acid, Iron, Vitamin A Palmitate, Niacin, Riboflavin (Vitamin B12), Thiamin Mononitrate (Vitamin B1), natural and Artificial flavors and Maltodextrin.	Wheat/Gluten, Soy
Cheddar Goldfish w/ Whole Grain	Made with Smiles and Whole Wheat Flour, Unbleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Cheddar Cheese (Cultured Milk, Salt, Enzymes, Annatto), Vegetable Oils (Canola, Sunflower and/or Soybean), Contains 2% or Less of: Salt, Autolyzed Yeast, Yeast, Leavening (Baking Soda, Monocalcium Phosphate), Paprika, Spices, Dehydrated Onions.	Wheat/Gluten, Milk, Soy
Oven Baked Lay's Sour Cream & Onion 1.124 oz.	Dried Potatoes, Corn Starch, Corn Oil, Sugar, Skim Milk, Salt, Dextrose, Potassium Chloride, Soy Lecithin, Cultured Skim Milk, Whey, Onion Powder, Sour Cream (Cultured Cream, Skim Milk), Natural Flavors, Parsley, Citric Acid, and Annatto Extract (color).	Milk, Soy
Baked Cheetos - Flamin' Hot - .875 oz.	Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, and Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Salt, Sea Minerals (Calcium Carbonate and Magnesium Carbonate), Sugar, Monosodium Glutamate, Yeast Extract, Citric Acid, Artificial Color (Red 40 Lake, Yellow 6 Lake, Yellow 6, Yellow 5), Hydrolyzed Corn Protein, Onion Powder, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Whey, Maltodextrin Powder, Buttermilk, Natural Flavor, Sodium Diacetate, Lactic Acid, Disodium Inosinate, Dosidum Guanylate, and Skim Milk.	Milk, Soy
Baked! Ruffles Cheddar & Sour Cream Potato Crisps	Dehydrated Potatoes, Modified Corn Starch, Corn Oil, Sugar, Corn Maltodextrin, Salt, Soy Lecithin, Whey, Whey Protein Concentrate, Cheddar Cheese (Milk, Cheese Culture, Salt, Enzymes, Monosodium Glutamate, Onion Powder, Blue Cheese (Milk, Cheese Culture, Salt, Enzymes), Citric Acid, Dextrose, Disodium Phosphate, Artificial Color (Including Yellow 6 Lake, Yellow 5 Lake, Yellow 5, Yellow 6), Nonfat Milk, Natural And Artificial Flavors, Garlic Powder, Lactic Acid, Disodium Inosinate And Disodium Guanylate. Contains Milk And Soy Ingredients.	Soy, Milk
RF Doritos Nacho Cheese Tortilla Chips - 1 oz.	Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Corn Dextrin, Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt Enzymes), Whey, Monosodium Glutamate, Buttermilk, Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Whey Protein Concentrate, Onion Powder, Corn Flour, natural and Artificial Flavor, Dextrose, Tomato Powder, Lactose, Spices, Artificial Color (Including Yellow 6, Yellow 5, Red 40), Lactic Acid, Citric Acid, Sugar, Garlic Powder, Skim Milk, Red and Green Bell Pepper Powder, Disodium Inosinate, and Disodium Guanylate.	Milk
Rancho Berenda Yellow Triangle Tortilla Chips - 1 oz.	Whole Grain Corn Masa Flour, Vegetable Oil (May Contain one or more of the following: High Oleic Safflower, Mid Oleic Sunflower, Corn or Cottonseed Oil), Salt and a Trace of Lime.	