

JANUARY

CCSD Secondary Cold Breakfast



Breakfast Cost

\$1.50

Hungry? Apply for meal benefits today, by going to MySchoolApps.com



Say **NO** to Bullying



See something? Say something. <http://ccsd.net/students/bully>



Connect with us today!
@CCSDFoodService



You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

V = Meatless Option



Our milk varieties include 1% low fat & fat-free choices.



Nutritious seasonal fresh & cupped fruit served daily.



We offer a variety of vitamin and mineral rich vegetables.



We use heart healthy whole grain breads and rice.



All Menus are subject to change.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2018 HAPPY NEW YEAR</p> <p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>BREAKFAST FEEDS YOUR BRAIN!</p> <p>5</p>
<p>Cinnamon Roll V 8</p> <p>Fresh Fruit</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Cold Cereal, Assorted Variety V 9</p> <p>Fruit Cup</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Mini Stuffed Bagels V 10</p> <p>Fresh Fruit</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Greek Yogurt w/ Granola V 11</p> <p>Fruit Cup</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Crumb Cake V 12</p> <p>Fresh Fruit</p> <p>Fruit Juice</p> <p>Milk</p>
<p>MLK Day 15</p> <p>No School</p>	<p>Cinnamon Roll V 16</p> <p>Fresh Fruit</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Cold Cereal, Assorted Variety V 17</p> <p>Fresh Fruit</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Cornbread Muffin w/Colby Jack Cheese & Apple Slices V 18</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Greek Yogurt w/Granola V 19</p> <p>Fresh Fruit</p> <p>Fruit Juice</p> <p>Milk</p>
<p>Mini Stuffed Bagels V 22</p> <p>Fresh Fruit</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Greek Yogurt w/Granola V 23</p> <p>Fruit Cup</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Cinnamon Roll V 24</p> <p>Fresh Fruit</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Cold Cereal, Assorted Variety V 25</p> <p>Fruit Cup</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Sunrise Muffin V 26</p> <p>Fresh Fruit</p> <p>Fruit Juice</p> <p>Milk</p>
<p>Greek Yogurt w/Granola V 29</p> <p>Fresh Fruit</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Crumb Cake V 30</p> <p>Fruit Cup</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Cinnamon Roll V 31</p> <p>Fresh Fruit</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Cold Cereal, Assorted Variety V 1</p> <p>Fresh Fruit</p> <p>Fruit Juice</p> <p>Milk</p>	<p>Cornbread Muffin w/Colby Jack Cheese & Apple Slices V 2</p> <p>Fruit Juice</p> <p>Milk</p>