## **Carb Count Menu**

SB 503 Hot Breakfast Carbs (g)

SB 503 Hot Breakfast	Carbs (g)
Tue - 05/01/2018	
Breakfast, SB503 Hot	
BREAK BOWL EGG, SAU POT (ISM)	38
ELF GRAHAMS CRACKERS	21
Fruit Cup Variety, Breakfast	17
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Wed - 05/02/2018	
Breakfast, SB503 Hot	
BREAKFAST, CEREAL, COLD ASST.	23
FRESH FRUIT OF THE DAY	10
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Thu, 05/00/0040	
Thu - 05/03/2018	
Breakfast, SB503 Hot	
BREAKFAST, MINI STUFFED BAGELS	41
Fruit Cup Variety, Breakfast	17
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Fri - 05/04/2018	
Breakfast, SB503 Hot	
BREAKFAST CRUMB CAKE	39
FRESH FRUIT OF THE DAY	10
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Mon - 05/07/2018	
Breakfast, SB503 Hot	
BREAK, WAFFLE, SAUSAGE (ISM)	41

FRESH FRUIT OF THE DAY	10
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Tue - 05/08/2018	
Breakfast, SB503 Hot	
Turkey Stick, Smokehouse 17-18	-
Cheese, Colby Stick 17-18	-
ELF GRAHAMS CRACKERS	21
Fruit Cup Variety, Breakfast	17
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Wed - 05/09/2018	
Breakfast, SB503 Hot	
BREAKFAST, EGG/CHS ON BUN (IW)	19
FRESH FRUIT OF THE DAY	10
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Thu - 05/10/2018	
Breakfast, SB503 Hot	
BREAKFAST, CEREAL, COLD ASST.	23
FRUIT CUPS	16
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Fri - 05/11/2018	
Breakfast, SB503 Hot	
Yogurt, Greek	14
GOLDFISH GRAHAMS	19
FRESH FRUIT OF THE DAY	10
Juice, Variety	15
Milk - White 1%	13
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Milk - Chocolate, Nonfat	20
Mon - 05/14/2018	
Breakfast, SB503 Hot	
BREAKFAST, CEREAL, COLD ASST.	23
FRESH FRUIT OF THE DAY	10
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Tue - 05/15/2018	
Breakfast, SB503 Hot	
Yogurt, Greek	14
GOLDFISH GRAHAMS	19
Fruit Cup Variety, Breakfast	17
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Wed - 05/16/2018	
Breakfast, SB503 Hot	
BREAK BOWL EGG, SAU POT (ISM)	38
ELF GRAHAMS CRACKERS	21
FRESH FRUIT OF THE DAY 2017	13
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Thu - 05/17/2018	
Breakfast, SB503 Hot	
BREAKFAST, MINI STUFFED BAGELS	41
Fruit Cup Variety, Breakfast	17
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Fri - 05/18/2018	
Breakfast, SB503 Hot	

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BREAKFAST, EGG/CHS ON BUN (IW)	19
FRESH FRUIT OF THE DAY	10
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Mon - 05/21/2018	
Breakfast, SB503 Hot	
BREAKFAST, CEREAL, COLD ASST.	23
FRESH FRUIT OF THE DAY	10
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Tue - 05/22/2018	
Breakfast, SB503 Hot	
BREAKFAST, TUR/EGG/CHS BURRITO	16
Fruit Cup Variety, Breakfast	17
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Wed - 05/23/2018	
Breakfast, SB503 Hot	
BREAKFAST, CINN ROLL	74
FRESH FRUIT OF THE DAY	10
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Thu - 05/24/2018	
Breakfast, SB503 Hot	
BREAK BOWL EGG, SAU POT (ISM)	38
ELF GRAHAMS CRACKERS	21
Fruit Cup Variety, Breakfast	17
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
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Fri - 05/25/2018	
Breakfast, SB503 Hot	
BREAKFAST, TUR/EGG/CHS BURRITO	16
FRESH FRUIT OF THE DAY	10
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Mon - 05/28/2018	
Breakfast, SB503 Hot	
Yogurt, Greek	14
GOLDFISH GRAHAMS	19
FRESH FRUIT OF THE DAY	10
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Tue - 05/29/2018	
Breakfast, SB503 Hot	
BREAK BOWL EGG, SAU POT (ISM)	38
ELF GRAHAMS CRACKERS	21
Fruit Cup Variety, Breakfast	17
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Wed - 05/30/2018	
Breakfast, SB503 Hot	
BREAKFAST, CEREAL, COLD ASST.	23
FRESH FRUIT OF THE DAY	10
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20
Thu: 05/04/0040	
Thu - 05/31/2018	
Breakfast, SB503 Hot	
BREAKFAST, MINI STUFFED BAGELS	41

Fruit Cup Variety, Breakfast	17
Juice, Variety	15
Milk - White 1%	13
Milk - Chocolate, Nonfat	20