



Parenting Project Schedule

OCTOBER 2016



Triple P (Positive Parenting Program)

For parents of children ages 2 through 11 years old

The Triple P Positive Parenting Program is designed to help parents manage difficult behavior problems with children ages 2 to 11. Learn simple routines and small changes that can make a big difference in your family. Learn to deal positively, consistently and decisively with problem behaviors and build a more positive relationship with your children. ***Children do not attend this class.***

Day	8 Session Program Start Date:	Location Address Zip Code and Major Cross Streets	Start time	End time
<u>En Español</u> Lunes (Monday)	10 de Octubre	<u>En Español</u> Wendell P. Williams Elementary School 1030 J. Street 89106 <i>Washington Ave. / J St.</i>	9:00am	11:00am
<u>En Español</u> Martes (Tuesday)	11 de Octubre	<u>En Español</u> Watson Elementary School 5845 N. Commerce St. North Las Vegas 89031 <i>Tropical Pkwy. / Commerce St.</i>	12:00pm	2:00pm
<u>En Español</u> Miércoles (Wednesday)	12 de Octubre	<u>En Español</u> Rundle Elementary School 425 N. Christy Lane 89110 <i>Stewart Ave./ Christy Ln.</i>	9:00am	11:00am
Wednesday	October 12	Wendell P. Williams Elementary School 1030 J. Street 89106 <i>Washington Ave. / J St.</i>	10:00am	12:00pm
<u>En Español</u> Jueves (Thursday)	20 de Octubre	<u>En Español</u> Ruthe Deskin Elementary School 4550 N. Pioneer Way 89129 <i>Craig Rd. / Tenaya Way</i>	10:00am	12:00pm
Saturday	October 22	Clark County Family Services 121 S. Martin Luther King Blvd. – Lincoln Room 89106 <i>Symphony Park / Martin Luther King Blvd.</i>	1:30pm	4:00pm
Wednesday	October 26	Cambridge Community Center 3900 Cambridge St., Multipurpose Room 89119 <i>Maryland Pkwy. / E. Flamingo Rd.</i>	6:00pm	8:30pm

Register by calling the Parenting Project at (702) 455-5295

Participants must begin in Session 1 and attend all sessions to receive a certificate of completion.

Free of charge. *Schedule is subject to change.*



OCTOBER 2016

Stepping Stones Triple P-Positive Parenting Program

For parents with a child who has a disability

The **Stepping Stones Triple P-Positive Parenting Program** helps families with a child who has a disability learn new skills and tools to deal with misbehavior and promote positive behaviors that can make a difference in daily family life. ***Children do not attend this class.***

Day	8 Session Program Start Date:	Location Address Zip Code and Major Cross Streets	Start time	End time
Tuesday	October 11	Ruthe Deskin Elementary School 4550 N. Pioneer Way 89129 Craig Rd. / Tenaya Way	10:00am	12:00pm
Wednesday	October 19	Cambridge Community Center 3900 Cambridge St., 2nd floor, Suite 203 89119 Maryland Pkwy. / E. Flamingo Rd.	11:00am	1:30pm

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OCTOBER 2016

Nurturing Parents & Families - For parents of children 6 months through 4 years

Nurturing Parents and Families is a six session program that promotes positive, healthy and nurturing interactions between parents and their infants, toddlers and preschool children. Learn stress management techniques, how to establish routines and handle anger. Problem-solving techniques and positive behavior management methods are presented and practiced. ***Children do not attend this class.***

Day	6 Session Program Start Date:	Location Address Zip Code and Major Cross Streets	Start time	End time
<u>En Español</u> Miércoles (Wednesday)	12 de Octubre	<u>En Español</u> Rex Bell Elementary School 2900 Wilmington Way 89102 Sahara Ave. / I-15	1:00pm	3:00pm
Tuesday	October 25	Clark County Family Services 121 S. Martin Luther King Blvd. – Lincoln Room 89106 Symphony Park / Martin Luther King Blvd.	6:00pm	8:30pm
Tuesday	November 8	Cambridge Community Center 3900 Cambridge St. 89119 Maryland Pkwy. / E. Flamingo Rd.	6:00pm	8:30pm
Monday	November 14	Care Coalition 6767 W. Charleston, Suite 130 89146 Maryland Pkwy. / E. Flamingo Rd.	6:00pm	8:30pm

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OCTOBER 2016

BabyCare - For expecting or new parents of children birth to 6 months

New parents have lots of questions. **BabyCare** is a six-session program for expecting or new parents, that addresses many new-parent concerns from bonding and caring for a new baby to childcare options. Parents learn how to feed, bathe, diaper, dress, care for and play with their babies. Information on early development, health, safety, nutrition and choosing childcare is provided. Parents will explore positive strategies for guiding behavior, communication with young children, managing stress and solving problems to provide nurturing care for their babies. ***Children do not attend this class.***

Day	6 Session Program Start Date:	Location Address Zip Code and Major Cross Streets	Start time	End time
Thursday	October 6	Cambridge Community Center 3900 Cambridge St., 2nd floor, Suite 203 89119 Maryland Pkwy. / E. Flamingo Rd.	1:00pm	3:30pm
Tuesday	November 22	Cambridge Community Center 3900 Cambridge St., 2nd floor, Suite 203 89119 Maryland Pkwy. / E. Flamingo Rd.	6:00pm	8:30pm

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OCTOBER 2016

ABCs of Parenting - For parents of children ages 5 through 10 years

The ABC's of Parenting is a fun and interactive program that helps parents of school-age children gain an understanding of their children's development and behavior. Learn how to communicate effectively with children, encourage better behavior, use positive discipline techniques and teach responsibility. Learn how to manage stress and anger and talk to children about drugs, alcohol and other issues. ***Children do not attend this class. FREE!!!***

Day	6 Session Program Start Date	Location Address Zip Code and Major Cross Streets	Start time	End time
Tuesday	October 4	Beatty Elementary School 8586 Hidden Palms Parkway 89123 <i>Bermuda Rd. / Pebble Rd.</i>	5:30pm	7:30pm
Friday	October 7	Rundle Elementary School 425 N. Christy Lane 89110 <i>Stewart Ave./ Christy Lane</i>	9:00am	11:00am
<u>En Español</u> Martes (Tuesday)	11 de Octubre	<u>En Español</u> Edwards Elementary School 4551 Diamond Head Dr. 89110 <i>Bonanza Rd. / Marion Dr.</i>	8:15am	10:15am
Tuesday	November 1	Tom Williams Elementary School 3000 E. Tonopah Ave. 89030 <i>E. Lake Mead Blvd. / Civic Center Dr.</i>	8:15am	10:15am
<u>En Español</u> Martes (Tuesday)	1 de Noviembre	<u>En Español</u> East Las Vegas Community Center 250 N. Eastern 89101 <i>Stewart Ave. / Eastern Ave.</i>	6:00pm	8:30pm
<u>En Español</u> Jueves (Thursday)	3 de Noviembre	<u>En Español</u> Tom Williams Elementary School 3000 E. Tonopah Ave. 89030 <i>E. Lake Mead Blvd. / Civic Center Dr.</i>	8:15am	10:15am
<u>En Español</u> Jueves (Thursday)	3 de Noviembre	<u>En Español</u> Tate Elementary School 2450 Lincoln Rd. 89115 <i>Lamb Blvd./ Carey Ave.</i>	9:00am	11:00am
Thursday	November 3	Black Mountain Recreation Center 599 Greenway Rd., Henderson, NV 89015 <i>Horizon Dr. / Greenway Rd.</i>	5:30pm	8:00pm

ABCs of Parenting - For parents of children ages 5 through 10 years - continued

<u>En Español</u> Lunes (Monday)	7 de Noviembre	<u>En Español</u> Hollingsworth Elementary School 1776 E. Ogden Ave. 89101 <i>Bruce/ Fremont</i>	12:00pm	2:00pm
Monday	November 7	Clark County Family Services 121 S. Martin Luther King Blvd. – Lincoln Room 89106 <i>Symphony Park / Martin Luther King Blvd.</i>	6:00pm	8:30pm

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OCTOBER 2016



Staying Connected With Your Teen -For parents & youth ages 11 to 17 years

Parents learn the importance of clear rules and consistent supervision and how to practice a positive approach to discipline that teaches self-responsibility. Parents and youth participate in problem-solving, conflict resolution and asset-building activities designed to promote a nurturing and supportive family environment.

Youth 11 and older may attend with a parent/caregiver. FREE!!

Day	6 session program Start Date	Location Address Zip Code and Major Cross Streets	Start time	End time
Wednesday	October 12	Arbor View High School 7500 Whispering Sands Dr., Portable 12 89131 Buffalo Dr. / Whispering Sands Dr.	5:30pm	7:30pm
Monday	November 7	Cambridge Community Center 3900 Cambridge St. 89119 Maryland Pkwy. / E. Flamingo Rd.	6:00pm	8:30pm
<u>En Español</u> Miércoles (Wednesday)	9 de Noviembre	<u>En Español</u> Cambridge Community Center 3900 Cambridge St. 89119 Maryland Pkwy. / E. Flamingo Rd.	6:00pm	8:45pm

Youth ages 11 and older attend with a parent or caregiver.

Register by calling the Parenting Project at (702) 455-5295

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Teen Triple P (Teen Positive Parenting Program)

For parents of teenagers ages 11 to 17 years

In the **Teen Triple P** course parents and caregivers learn new parenting skills and improve existing skills to support the development of their teenager. This eight-session program provides parents with strategies to increase desirable teen behaviors and manage problem behaviors in a constructive and caring manner to reduce conflict and minimize risk taking behavior. Teen Triple P is an internationally recognized evidence-based program. ***Children do not attend this class.***

Day	8 session program Start Date	Location Address Zip Code and Major Cross Streets	Start time	End time
Wednesday	October 12	Mack Middle School 4250 Karen Ave., Room 201 89121 <i>Lamb Blvd. / Sahara Ave.</i>	8:30am	10:30am
Wednesday	October 19	Foundation for Recovery 4800 Alpine Place, Suite 11 89107 <i>Decatur Blvd. / W. Charleston Blvd.</i>	6:00pm	8:30pm
Tuesday	November 1	Cambridge Community Center 3900 Cambridge St. 89119 <i>Maryland Pkwy. / E. Flamingo Rd.</i>	6:00pm	8:30pm

Register by calling the Parenting Project at (702) 455-5295

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Triple P (for parents with children ages 2 to 11 years) The **Triple P Positive Parenting Program** helps parents with children ages 2 to 11 manage difficult behavior problems. **Triple P** suggests simple routines and small changes that can make a big difference in families. It helps parents understand the way their family works and helps create a more stable, supportive and harmonious family. In this eight-session program parents learn to deal positively, consistently and decisively with problem behavior and build positive relationships with their children so that conflict is resolved. Available in Spanish.



BabyCare (for expecting or new parents with children ages birth to 6 months) The **BabyCare** program is packed with need-to know information for expecting or new parents. This fun and interactive program helps parents or caregivers learn and practice baby care skills including how to nurture, feed, bathe, diaper, dress, care for and play with infants. In this six session program, parents learn about infant safety, nutrition, health, early development, behavior guidance and choosing child care.



Nurturing Parents and Families (for parents of children ages 6 months to 5 years) The **Nurturing Parents and Families** program promotes positive, healthy and nurturing interactions between parents and their infants, toddlers and preschool children. Developmental stages of children from infancy through preschool are presented. Parents learn stress management techniques, how to establish routines and handle anger. Problem-solving techniques and appropriate behavior management methods are presented and practiced during this six-session program. Available in Spanish.



ABC's of Parenting (for parents of children ages 5 to 10 years) **ABC's of Parenting** is a fun and interactive program that helps parents of school-age children gain an understanding of their children's development and behavior. Parents learn how to communicate effectively with their children, encourage better behavior, use positive discipline techniques and teach responsibility. This six-session program shows parents how to help children succeed in school and solve problems. Parents will also learn how to manage stress and anger and talk to their children about drugs, alcohol and other issues. Available in Spanish.



Staying Connected
with Your **Teen**

Staying Connected with Your Teen (for parents and youth 11 to 17 years) Raising teenagers is challenging. Learn how to be a positive influence in your teen's development into adulthood. **Staying Connected with Your Teen** is a six-session program where parents and youth learn to work cooperatively to improve their relationship, communicate more effectively and develop mutual trust and respect. Parents and youth participate in problem-solving, conflict resolution and asset-building activities designed to promote a nurturing and supportive family environment. Available in Spanish.



Teen Triple P - Teen Positive Parenting Program (for parents of teens 11 to 17 years) In the **Teen Triple P** course parents and caregivers learn new parenting skills and improve existing skills to support the development of their teenager. This eight-session program provides parents with strategies to increase desirable teen behaviors and manage problem behaviors in a constructive and caring manner to reduce conflict and minimize risk behavior. (For adults only)



Triple P (para padres de niños de 2 a 11 años)

El Programa de Padres Positivos ayuda a los padres de niños de 2 a 11 años a manejar problemas de conducta difíciles. **Triple P** sugiere rutinas simples y pequeños cambios que pueden hacer una diferencia grande en las familias. Esto ayuda a los padres a entender la forma del funcionamiento de su familia ayudando a crear familias de apoyo más estables y armoniosas. En este programa de ocho sesiones, los padres aprenderán a lidiar con un problema de conducta siendo decisivos, constantes y positivos aprendiendo a construir relaciones positivas con sus hijos para que el conflicto sea resuelto.



para cada padre

Criando con Amor (para padres de niños de 6 meses a 5 años)

Criando con Amor es un programa que promueve interacciones saludables y positivas entre padres e infantes, niños que empiezan a andar y niños preescolares. Se plantean las etapas para el desarrollo de niños desde la infancia hasta el preescolar. Los padres aprenderán técnicas para manejar la tensión nerviosa, cómo establecer rutinas y controlar el enojo. Técnicas para solucionar los problemas y métodos apropiados de comportamiento son presentados y practicados durante este programa de seis sesiones.



Mejoramiento Familiar (para padres de niños de 5 a 10 años)

Mejoramiento Familiar es un programa divertido e interactivo que ayuda a los padres a obtener una comprensión del desarrollo y comportamiento de niños de edad escolar primaria. Los padres aprenden a comunicarse eficazmente con sus niños, a alentar un mejor comportamiento, a usar técnicas positivas de disciplina y a enseñar responsabilidad. Este programa de seis sesiones le muestra a los padres cómo ayudar a los niños a tener éxito en el año escolar y a solucionar los problemas. Los padres también aprenderán a manejar la tensión nerviosa y el enojo y a hablar con sus niños acerca de las drogas, alcohol y otros temas.



Permanezca Conectado A Su Adolescente (para padres e hijos de 11 a 17 años)

Criar adolescentes es una tarea difícil. Aprenda como ser una influencia positiva en el desarrollo de su hijo dentro de la edad adulta. **Permanezca Conectado A Su Adolescente** es un programa de seis sesiones en el que los jóvenes de 11 a 17 años asisten con sus padres y trabajan cooperativamente para mejorar su relación y comunicarse más efectivamente para desarrollar la confianza mutua y el respeto. Padres y jóvenes participan en problemas para la resolución de conflictos y actividades para construir valores que están destinados a promover una crianza y un ambiente familiar de apoyo.

