

SEX EDUCATION OPERATIONAL GUIDE FOR K-12 CURRICULUM DEVELOPMENT



**Clark County School District
Las Vegas, Nevada**

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SEX EDUCATION OPERATIONAL GUIDE FOR K-12 CURRICULUM DEVELOPMENT



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CLARK COUNTY SCHOOL DISTRICT SEX EDUCATION OPERATIONAL GUIDE FOR K-12 CURRICULUM DEVELOPMENT

INTRODUCTION

The Sex Education Operational Guide for K-12 Curriculum Development was developed within the context of Nevada Revised Statute (NRS) 389.065 and Clark County School District Regulation (CCSD) 6123. NRS 389.065 authorizes the establishment of units of instruction on the human reproductive system, related communicable diseases, sexual responsibility, and Acquired Immune Deficiency Syndrome (AIDS). This document provides the appropriate scope of instruction on growth and development for fifth grade and sex education for eighth grade and high school. In addition, other courses that contain units of instruction on these concepts (aligned to Nevada State Standards and CCSD curriculum documents) are identified in this guide.

The goal of sex education is to provide students with accurate information about the human body and reproduction and an understanding of themselves in relationship to responsible decision making. This information is presented in a factual, unbiased manner at the students' appropriate maturation levels.

The CCSD's sex education instruction is abstinence-based. Abstinence-based sex education teaches that abstinence is the only 100 percent effective method for avoiding sexually transmitted infections (STIs) and unintended pregnancy, while also teaching about contraception. It teaches interpersonal and communication skills which assist young people to develop their own values, goals, and opinions. See Appendix A for NRS 389.065 and Appendix B for CCSD Regulation 6123.

The effectiveness of sex education classroom instruction depends upon the quality of the teacher. The subject matter requires sensitivity to the needs of both students and the community. Because of the wide diversity of ethnic, religious, and cultural differences in the community, sex education instruction in CCSD requires factual instruction and sensitive treatment. This promotes CCSD Board of Trustees Governance Policy EL-03: *Treatment of Students and Their Families*. Responsibly trained teachers and nurses and carefully selected materials are imperative to the success of instruction. School nurses and counselors can also provide additional information for students at any grade level, when students have individual or personal questions.

SCOPE OF INSTRUCTION

The following sections outline the appropriate scope for growth and development instruction for all fifth grade students and sex education for all eighth grade and high school students aligned with health courses in the Clark County School District. At the elementary level, the *Fifth Grade Human Growth and Development Unit of Instruction* may be taught by the school nurse or a teacher designated by the school site administrator. Sex education in Health 8 in middle school and Health Education in high school may only be taught by teachers who hold a secondary license with the proper qualifying endorsement (Health Education, School Nurse, Physical Education & Health, and Health Occupations).

Other courses may contain content or topics related to NRS 389.065 or CCSD Regulation 6123. These courses are listed on page seven of this guide. Units of instruction on these topics may only be taught by teachers who hold a secondary license with the proper qualifying endorsement to teach these specific courses. Teachers with these endorsements have been approved by the Board of Trustees as long as the unit of instruction is found in the corresponding CCSD curriculum document which is based on the Nevada State standards.

Adopted CCSD standards-based curriculum documents are utilized when teaching the human reproductive system, related communicable diseases, sexual responsibility, and Acquired Immune Deficiency Syndrome (AIDS) per NRS 389.065. Parental permission must be obtained before teaching these concepts and materials must be made available for parent review per CCSD Regulation 6123 (see Appendix B). A sample parent/guardian permission letter is in Appendix D.

GRADE FIVE

TOPICS	OBJECTIVES
Human Reproductive System	<ul style="list-style-type: none"> • Develop an understanding of the structure and function of the male and female reproductive system. • Develop vocabulary which permits a dignified discussion of body parts and processes. • Develop an understanding of the body changes that occur in the male and female during puberty. • Recognize the emotional changes which accompany physical changes during puberty. • Understand the importance of good personal hygiene and body care.
AIDS and Related Communicable Diseases	<ul style="list-style-type: none"> • Discuss how the HIV virus is transmitted . • Describe the effects of HIV/AIDS on the immune system.
Sexual Responsibility	<ul style="list-style-type: none"> • Develop an understanding of the important decisions boys and girls make which will affect their lives. • Develop the awareness for individuals to take personal responsibility of their actions. • Develop an understanding that positive and open communication with parents/guardians is important.

Classroom instruction related to the human reproductive system, related communicable diseases, sexual responsibility, and Acquired Immune Deficiency Syndrome (AIDS) requires active parent/guardian permission.

HEALTH GRADE 8

TOPICS	OBJECTIVES
Human Reproductive System	<ul style="list-style-type: none"> • Recognize the structures and functions of the male and female reproductive system. • Use correct anatomical terms. • Recognize the physical changes which occur during adolescence. • Describe emotional changes related to puberty. • Analyze the physical, mental, and emotional implications of teenage pregnancy.
AIDS and Related Communicable Diseases	<ul style="list-style-type: none"> • Describe how sexually transmitted infections are acquired. • Describe the signs, symptoms, and prevention of various sexually transmitted infections. • Define HIV and AIDS. • Describe ways to reduce the risk of HIV.
Sexual Responsibility	<ul style="list-style-type: none"> • Explain the importance of seeking advice from a trusted adult or medical professional when concerned about problems related to the reproductive system. • Maintain a positive and open communication with parents/guardians. • Discuss the role of abstinence in preventing pregnancy and sexually transmitted infections. • Compare the effectiveness of common contraceptives. • Explore health risks and misinformation regarding the use of contraceptives. • List physical and emotional consequences of sexual activity. • Define responsible peer relationships. • Define sexual harassment.

Classroom instruction related to the human reproductive system, related communicable diseases, sexual responsibility, and Acquired Immune Deficiency Syndrome (AIDS) requires active parent/guardian permission.

TOPICS	OBJECTIVES
Human Reproductive System	<ul style="list-style-type: none"> Review the structures and functions of the male and female reproductive system. Use correct anatomical terms. Relate endocrine function to changes which occur during adolescence. Describe emotional changes related to puberty. Analyze the physical, mental, and emotional implications of teenage pregnancy.
AIDS and Related Communicable Diseases	<ul style="list-style-type: none"> Describe how sexually transmitted infections are acquired. Describe the signs, symptoms, and prevention of various sexually transmitted infections. Describe the treatment of the most common sexually transmitted infections. Differentiate between HIV and AIDS. Describe ways to reduce the risk of HIV. Describe how AIDS effects the immune system. Explain ways to prevent the spread of HIV / AIDS.
Sexual Responsibility	<ul style="list-style-type: none"> Explain the importance of seeking advice from a trusted adult or medical professional when concerned about problems related to the reproductive system. Maintain a positive and open communication with parents/guardians. Discuss the role of abstinence in preventing pregnancy and sexually transmitted infections. Explain the types and functions of common contraceptives. Analyze the effectiveness of contraceptive methods. Explore health risks and misinformation regarding the use of contraceptives. Discuss physical and emotional consequences of sexual activity. Define responsible peer relationships. Discuss sexual harassment and legal consequences. Gain knowledge of the health resources available in the community.

Classroom instruction related to the human reproductive system, related communicable diseases, sexual responsibility, and Acquired Immune Deficiency Syndrome (AIDS) requires active parent/guardian permission.

SECONDARY COURSE LIST

The secondary courses listed below include units of instruction specified in curriculum documents that align to NRS 389.065 and CCSD Regulation 6123. These courses may only be taught by teachers who hold a secondary license with the proper qualifying endorsement. Only these teachers have been approved by the Board of Trustees to teach the human reproductive system, related communicable diseases, sexual responsibility, and Acquired Immune Deficiency Syndrome (AIDS).

COURSE NAME	SASI NUMBER
Sports Medicine	6580
Medical Terminologies	6352
Child Development I	8780
Child Development II	8790
Family Life Education	8700
Anatomy and Physiology H	6800
Biology I	6760
Biology I H	6760
Biology II	6770
AP Biology	6770
Epidemiology H	6570

SITE SPECIFIC COURSES	SASI NUMBER
Emergency Medicine Training	6220
Introduction to Health Science	6550
Human Diseases, Injuries & Conditions	6560
Health Occupations - Nursing Assistant	9830
Health Occupations - Medical Assisting	9850
Introduction to Health Occupations	9390
Physical Examination & Assessment	6010
Sports Medicine II	6585
Anatomy and Physiology II H	6830
Biology I H AMSAT	6765
MYP Biology I H	6532
Biology II IB	6770
Biology III IB	6840

Classroom instruction related to the human reproductive system, related communicable diseases, sexual responsibility, and Acquired Immune Deficiency Syndrome (AIDS) requires active parent/guardian permission.

Appendix A

NRS 389.065

NRS 389.065 Instruction on acquired immune deficiency syndrome, human reproductive system, related communicable diseases and sexual responsibility.

1. The board of trustees of a school district shall establish a course or unit of a course of:
 - (a) Factual instruction concerning acquired immune deficiency syndrome; and
 - (b) Instruction on the human reproductive system, related communicable diseases and sexual responsibility.
2. Each board of trustees shall appoint an advisory committee consisting of:
 - (a) Five parents of children who attend schools in the district; and
 - (b) Four representatives, one from each of four of the following professions or occupations:
 - (1) Medicine or nursing;
 - (2) Counseling;
 - (3) Religion;
 - (4) Pupils who attend schools in the district; or
 - (5) Teaching.

This committee shall advise the district concerning the content of and materials to be used in a course of instruction established pursuant to this section, and the recommended ages of the pupils to whom the course is offered. The final decision on these matters must be that of the board of trustees.

3. The subjects of the courses may be taught only by a teacher or school nurse whose qualifications have been previously approved by the board of trustees.

4. The parent or guardian of each pupil to whom a course is offered must first be furnished written notice that the course will be offered. The notice must be given in the usual manner used by the local district to transmit written material to parents, and must contain a form for the signature of the parent or guardian of the pupil consenting to his attendance. Upon receipt of the written consent of the parent or guardian, the pupil may attend the course. If the written consent of the parent or guardian is not received, he must be excused from such attendance without any penalty as to credits or academic standing. Any course offered pursuant to this section is not a requirement for graduation.

5. All instructional materials to be used in a course must be available for inspection by parents or guardians of pupils at reasonable times and locations before the course is taught, and appropriate written notice of the availability of the material must be furnished to all parents and guardians.

(Added to NRS by 1979, 836; A 1987, 1734)

Appendix B

CLARK COUNTY SCHOOL DISTRICT REGULATION 6123 INSTRUCTION IN THE HUMAN REPRODUCTIVE SYSTEM, RELATED COMMUNICABLE DISEASES, SEXUAL RESPONSIBILITY, AND ACQUIRED IMMUNE DEFICIENCY SYNDROME (AIDS).

- I. The Board of School Trustees authorizes the establishment of units of instruction on the human reproductive system, related communicable diseases, sexual responsibility, and Acquired Immune Deficiency Syndrome.
 - A. Recognizing the sensitive nature of this area of instruction, the Board shall appoint an advisory committee consisting of:
 1. Five parents of children who attend schools in the Clark County School District.
 2. Four representatives, one from each of four of the following professions or occupations:
 - a. Medicine or nursing.
 - b. Counseling.
 - c. Religion.
 - d. Pupils who attend school in the district, or
 - e. Teaching.
 3. A male and female student will be appointed as non-voting members to serve as a resource to the committee.
 - B. This committee shall advise the Superintendent, who shall advise the Board concerning the content of and materials to be used in the units of instruction and the recommended grade levels for which the instruction is offered. The final decision on these matters will be made by the Board.
 - C. The concepts and topics for each grade or course are contained in the district's Sex Education Operational Guide for K-12 Curriculum Development. Teaching units will be prepared and instruction will be based within specific guidelines contained in this document.
 - D. All instructional materials used in classroom presentations must be reviewed by the Sex Education Advisory Committee and approved by the Superintendent, and then presented to the Board for approval. New materials or those not previously approved may be submitted to the Instructional Division for appropriate action.
 - E. The subjects of the units of instruction may be taught only by a teacher or school nurse whose qualifications have been previously approved by the Superintendent and the Board.
 - F. The parent or guardian of each student to whom the units of instruction are offered must first be furnished written notice that the instruction will be offered. The notice must be given in the usual manner used by the district to transmit written material to parents and must contain a form for the signature of the parent or guardian of the student consenting to the student's attendance. Upon receipt of the written consent of the parent or guardian, the student may attend the instruction. Any student

who does not have written consent must be excused from such attendance without any penalty as to credits or academic standing.

- G. All instructional materials to be used in the units of instruction must be available for inspection by parents or guardians of students at reasonable times and locations prior to the actual instruction. Appropriate written notice of the availability of the material must be furnished to all parents and guardians.

Legal Reference: NRS Section 389.065

Courses of Study Review Responsibility: Instructional Division

Adopted: [6123: 8/13/81]

Revised: 9/24/81; 10/9/90; 3/24/92

Pol Gov Rev: 6/28/01

Appendix C

NRS 432B.220 Persons required to make report; when and to whom reports are required; any person may make report; report and written findings if reasonable cause to believe death of child caused by abuse or neglect.

1. Any person who is described in subsection 3 and who, in his professional or occupational capacity, knows or has reasonable cause to believe that a child has been abused or neglected shall:

(a) Except as otherwise provided in subsection 2, report the abuse or neglect of the child to an agency which provides child welfare services or to a law enforcement agency; and

(b) Make such a report as soon as reasonably practicable but not later than 24 hours after the person knows or has reasonable cause to believe that the child has been abused or neglected.

2. If a person who is required to make a report pursuant to subsection 1 knows or has reasonable cause to believe that the abuse or neglect of the child involves an act or omission of:

(a) A person directly responsible or serving as a volunteer for or an employee of a public or private home, institution or facility where the child is receiving child care outside of his home for a portion of the day, the person shall make the report to a law enforcement agency.

(b) An agency which provides child welfare services or a law enforcement agency, the person shall make the report to an agency other than the one alleged to have committed the act or omission, and the investigation of the abuse or neglect of the child must be made by an agency other than the one alleged to have committed the act or omission.

3. A report must be made pursuant to subsection 1 by the following persons:

(a) A physician, dentist, dental hygienist, chiropractor, optometrist, podiatric physician, medical examiner, resident, intern, professional or practical nurse, physician assistant, psychiatrist, psychologist, marriage and family therapist, alcohol or drug abuse counselor, athletic trainer, advanced emergency medical technician or other person providing medical services licensed or certified in this state;

(b) Any personnel of a hospital or similar institution engaged in the admission, examination, care or treatment of persons or an administrator, manager or other person in charge of a hospital or similar institution upon notification of suspected abuse or neglect of a child by a member of the staff of the hospital;

(c) A coroner;

(d) A clergyman, practitioner of Christian Science or religious healer, unless he has acquired the knowledge of the abuse or neglect from the offender during a confession;

(e) A social worker and an administrator, teacher, librarian or counselor of a school;

(f) Any person who maintains or is employed by a facility or establishment that provides care for children, children's camp or other public or private facility, institution or agency furnishing care to a child;

(g) Any person licensed to conduct a foster home;

(h) Any officer or employee of a law enforcement agency or an adult or juvenile probation officer;

(i) An attorney, unless he has acquired the knowledge of the abuse or neglect from a client who is or may be accused of the abuse or neglect;

(j) Any person who maintains, is employed by or serves as a volunteer for an agency or service which advises persons regarding abuse or neglect of a child and refers them to persons and agencies where their requests and needs can be met;

(k) Any person who is employed by or serves as a volunteer for an approved youth shelter. As used in this paragraph, "approved youth shelter" has the meaning ascribed to it in [NRS 244.422](#); and

(l) Any adult person who is employed by an entity that provides organized activities for children.

4. A report may be made by any other person.

5. If a person who is required to make a report pursuant to subsection 1 knows or has reasonable cause to believe that a child has died as a result of abuse or neglect, the person shall, as soon as reasonably practicable, report this belief to the appropriate medical examiner or coroner, who shall investigate the report and submit to an agency which provides child welfare services his written findings. The written findings must include, if obtainable, the information required pursuant to the provisions of subsection 2 of [NRS 432B.230](#).

(Added to NRS by 1985, 1371; A 1987, 2132, 2220; 1989, 439; 1993, 2229; 1999, [3526](#); 2001, [780](#), [1150](#); 2001 Special Session, [37](#); 2003, [910](#), [1211](#))

Appendix D

NAC 441A.245 Duty of principal, director or other person in charge of school, child care facility or correctional facility to report communicable disease; content of report; cooperation with health authority. ([NRS 441A.120](#))

1. The principal, director or other person in charge of a school, child care facility or correctional facility who knows of or suspects the presence of a communicable disease within the school, child care facility or correctional facility shall report the communicable disease to the health authority having jurisdiction where the school, child care facility or correctional facility is located. The report must be made in the manner provided in [NAC 441A.225](#).

2. The report must include:

- (a) The communicable disease or suspected communicable disease.
- (b) The name and the address or telephone number of the person known or suspected to have the communicable disease.
- (c) The name, address and telephone number of the person making the report.
- (d) The occupation, employer, age, sex, race and date of birth of the person known or suspected to have the communicable disease, if available.
- (e) The date of onset and the date of diagnosis of the communicable disease.
- (f) Any other information requested by the health authority, if available.

3. The principal, director or other person in charge of a school, child care facility or correctional facility shall promptly cooperate with the health authority during:

- (a) An investigation of the circumstances or cause of a case, suspected case, outbreak or suspected outbreak.
- (b) The carrying out of measures for the prevention, suppression and control of a communicable disease, including procedures of exclusion, isolation and quarantine.

(Added to NAC by Bd. of Health, eff. 1-24-92)

Appendix E

SEX EDUCATION MATERIALS REVIEW REQUEST

Please send this form to K-12 Science, Health and Foreign Language
Suite 2-D, CPD Center
or by fax at 855-9773.

Employee Name: _____

Work Location: _____

Description of Material(s): _____

Printed Materials

Title: _____

Publisher: _____

Date of Copyright: _____ Suggested Grades: _____

Course Name and Number: _____

State the need for the use of this educational material: _____

Audiovisual Materials

Title: _____

Publisher: _____

Date of Copyright: _____ Suggested Grades: _____

Course Name and Number: _____

State the need for the use of this educational material: _____

Other

Title: _____

Publisher: _____

Date of Copyright: _____ Suggested Grades: _____

Course Name and Number: _____

State the need for the use of this educational material: _____

.....
Signature of Employee_____

Date received at Curriculum and Professional Development_____

Appendix F

SAMPLE PARENT/GUARDIAN PERMISSION FORM

SEX EDUCATION

DATE: _____

Dear Parent/Guardian:

In compliance with the Nevada Revised Statutes 389.065, schools are required to obtain permission from the parent/guardian of students who attend a class where instruction may include topics about the human reproductive system and related communicable diseases. Your child's Health-8 class will include instruction/discussion about the human reproductive system, communicable diseases, including AIDS, and/or sexual responsibility.

If you approve of your child attending class during the time of this instruction, please indicate your approval by signing this permission form below on the appropriate line.

It is also required that the school provide parents the opportunity to inspect instructional materials related to instruction about the human reproductive system, related communicable diseases, and sexual responsibility. If you desire to review these materials or if you have any questions, please call the principal's office.

Keep this portion of the letter for your reference.

Please complete this form and return it to the school.

Please check: ☐ Yes, I want my child to have these lessons.

☐ No, I do not want my child to have these lessons.

I understand that appropriate educational alternate instruction will be provided.

Child's name: _____

Parent and/or guardian's signature

Date: _____

***NOTE:** This form should be printed on school letterhead. It is recommended that schools customize this letter to provide specific information on dates for instruction and dates, times, and locations for parental preview opportunities.

Appendix G

SAMPLE

AUTORIZACIÓN DEL PADRE/TUTOR

EDUCACION SEXUAL

FECHA: _____

Estimado Padre/Tutor:

De acuerdo con los Estatutos Revisados de Nevada 389.065, las escuelas tienen que obtener permiso de los padres/tutores de alumnos que asistan a una clase donde la podría incluir temas relacionados con el sistema reproductor y las enfermedades contagiosas relacionadas. La clase de Salud-8 de su hijo/a incluirá instrucción/discusión acerca del sistema reproductor, enfermedades contagiosas, incluyendo el SIDA, y/o la responsabilidad sexual.

Si usted aprueba que su hijo/a asista a clase durante el periodo de esta instrucción, por favor indique su aprobación firmando la parte inferior de este impreso en la línea adecuada.

También se exige que las escuelas proporcionen a los padres la oportunidad de revisar los materiales de instrucción relacionados con las clases del sistema reproductor humano, las enfermedades contagiosas relacionadas y la responsabilidad sexual. Si desea revisar estos materiales o si tiene alguna pregunta, por favor llame a la oficina del director.

Guarde esta sección de la carta como referencia.

Por favor complete este impreso y devuélvalo a la escuela.

Por favor seleccione: ☐ Sí, quiero que mi hijo/a reciba estas lecciones.
 ☐ No, no quiero que mi hijo/a reciba estas lecciones.
Entiendo que se proporcionará una instrucción educativa alternativa.

Nombre del niño/a: _____

Firma del Padre y/o Tutor

Fecha: _____

*NOTE: This form should be printed on school letterhead. It is recommended that schools customize this letter to provide specific information on dates for instruction and dates, times, and locations for parental preview opportunities.

Appendix H
Grade 5 Growth and Development Unit
(school logo)

Dear Parent or Guardian:

In compliance with Nevada law (NRS.389.065), schools are required to obtain permission from a parent or guardian of students who attend class during the time that instruction may include topics about the human reproductive systems and HIV/AIDS education. This year, we will be covering the introductory unit on this subject for fifth grade girls and boys on _____.

If you approve of your son/daughter attending this introductory growth and development class, please sign the permission form below on the appropriate line and return it to school by _____.

Please note: Boys and girls will be taught separately during this time, but each group will receive instruction on male and female anatomy, puberty, and hygiene.

Sincerely,

Site Administrator

School Nurse

PLEASE RETURN TO SCHOOL BEFORE

(date)

Student's Name _____

Room _____

_____ I approve of my son/daughter attending the class during the period of instruction as explained above.

_____ I do NOT wish to have my son/daughter attending the class during the period of instruction as outlined above. I understand that an appropriate educational alternative will be provided for my son/daughter during the period of instruction indicated above.

Parent / Guardian Signature

Date

Apéndice I
Unidad de Crecimiento y Desarrollo del Quinto Grado
(school logo)

Estimado Padre o Tutor:

De acuerdo con la ley de Nevada (NRS.389.065), se exige que las escuelas obtengan el permiso del padre o tutor de los estudiantes que asistan a la clase durante el horario en el cual la instrucción pudiera incluir temas educativos sobre los sistemas de la reproducción humana y el VIH/SIDA. Este año, repasaremos la unidad preliminar sobre este tema para las niñas y los niños de quinto grado el _____.

Si usted está de acuerdo con que su hijo/a asista a esta clase preliminar de crecimiento y desarrollo, por favor firme el formulario de permiso que sigue a continuación en la línea adecuada y regréselo a la escuela a más tardar _____.

Atención: Los niños y las niñas serán instruidos por separado durante este tiempo, pero cada grupo recibirá enseñanza sobre la anatomía masculina y femenina, pubertad e higiene.

Atentamente,

Administrador Encargado

Enfermero Escolar

POR FAVOR ENTREGUE A LA ESCUELA ANTES DEL _____
(fecha)

Nombre del Estudiante _____
Salón _____

_____ Estoy de acuerdo en que mi hijo/a asista a la clase durante el periodo de instrucción como se explicó anteriormente.

_____ NO estoy de acuerdo en que mi hijo/a asista a la clase durante el periodo de instrucción como se ha descrito anteriormente. Entiendo que se proporcionará a mi hijo/a una alternativa educativa adecuada durante el periodo de instrucción descrito anteriormente.

Firma del Padre/Tutor

Fecha