

# Approved Food and Beverages List 2018-2019 SY

## Beverages

Brand/Manufacturer	Product/Food Item	Serving Size
Aquafina Water	Water Bottles (All)	
Double Down Pizza	Minute Maid Apple Juice	10 oz.
	Minute Maid Orange Juice	10 oz.
	Vita Coco Pure Coconut Water	11.1 oz
Edible Arrangements	Pineapple Smoothie	16 oz.
	Strawberry Smoothie	16 oz.
	You've Got Kale Smoothie	16 oz.
Fiji Water	Water bottles (All)	
Gatorade (G2)	Assorted Flavors	12 oz.
Gold Peak	Sweetened Tea	16.9 oz.
Hint	Assorted Flavored Waters	16.9 oz.
Mott's	100% Juice - Grape	6.75 oz.
Pathwater	Refillable Water Bottles	16.9 oz.
Snapple 100% Juice	Fruit Punch	11.5 oz.
	Grape	11.5 oz.
	Green Apple	11.5 oz.
	Orange Mango	11.5 oz.
Swiss Miss	Hot Cocoa, Light Sensible Sweets	0.29 oz.
Vitamin Water ZERO	Assorted Flavors	16.9 oz.
Validity Bowls	Dragon Smoothie	12 oz.
	Sunshine Smoothie	12 oz.
	Tropical Paradise Smoothie	12 oz.
Welch's	100% Juice Can	5.5 fluid oz.

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	100% Juice Can	11.5 fluid oz. (secondary only)
	100% Juice Bottle	10 fluid oz. (secondary only)
	Fruit Shot Asst. Flavors	5.5 fluid oz.

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### Entrée

Brand/Manufacturer	Product/Food Item	Serving Size
Capriotti's	3" Ham Sandwich on Wheat w/Lettuce & Tomato	3.75 oz.
	3" Turkey Sandwich on Wheat w/Lettuce & Tomato	3.75 oz.
Chaim	Teriyaki Chicken and Rice	10 oz.
	Orange Chicken and Noodles	12 oz.
Double Down Pizza	Whole Wheat Cheese Pizza, one slice 7 oz.	198.45 g.
	Double Down Cheese Pizza, one slice 7 oz.	
Edible Arrangements	Fruit Salad	16 oz.
Firehouse Subs	4" Whole Grain Sub Sandwich Turkey, Roast Beef or Ham	117 g.
	1 ounce meat with lettuce, tomato, and green peppers	
	no cheese or additional condiments	
Port of Subs	4" Turkey and Swiss Cheese on Whole Wheat w/Lettuce	121.91 g.
	1 mayo and/or mustard	
Samurai Sam's	Dark Chicken School Lunch Bowl	255 g.
Subway	3" Veggie Delight Mini/9-Grain Wheat	107.7
	3" Black Forest Ham Mini/9-Grain Wheat	136.1 g.
	3" Roast Beef Mini/9-Grain Wheat	145.5 g.
	3" Turkey Mini/9-Grain Wheat	136.1 g.
	6" Veggie Delite/9-Grain Wheat	162 g.
Vitality Bowls	Kid's Fruit Bowl w/string cheese	12 oz.
	Kid's Tropical Fruit Bowl	12 oz.

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### Frozen Treats

Brand/Manufacturer	Product/Food Item	Serving Size
Blue Bunny	Fudge Bar	3 oz.
	Orange Dream Bar	3 oz.
	Cool Daze Red. Fat Mini Ice Cream Cone	3 oz.
	Cool Daze Low Fat ice Cream Sandwich	3 oz.
Chill Frozen Yogurt	Chocolate	83 g.
	Chocolate Mint	83 g.
	Chocolate/Vanilla	83 g.
	Cookies & Cream	83 g.
	Pomegranate	83 g.
	Raspberry	83 g.
	Strawberry	83 g.
	Watermelon	83 g.
Hershey's	Brownie Batter Ice Cream Sandwich (Reduced-Fat)	3 oz.
	Candy Cane Dessert	4 oz.
	Cherry Blue Raspberry Juice Rush	4.4 oz.
	Cherry Vanilla Swirl Desert Cup (Low-Fat)	3 oz.
	Chocolate Scooter Ice Cream Bar	3 oz.
	Chocolate & Vanilla Twist Cone (Low-Fat)	4 oz.
	Cookies & Cream Sandwich (Reduced-Fat)	4 oz.
	Cotton Candy Twister Cup (NF)	3.75 oz.
	Crazy Cone (Low-Fat)	4 oz.
	Fudge-O-Bar	2 oz.
	Lemon Orange Juice Rush	4 oz.
	Minty Mint Ice Cream Sandwich (Reduced-Fat)	2.75 oz.
	Orange Blossom Bar (Low-Fat)	2.5 oz.
	Polar Blast Fruit Juice Bar	2.25 oz.
	Salted Caramel Brownie Bar (Reduced-Fat)	2.75 oz.
	Spooky Sundae Dessert Cup (Low-Fat)	2.75 oz.
	Strawberry Mango Juice Rush	4.4 oz.
	Strawberry Scooter Ice Cream Bar	4.4 oz.
	Vanilla Ice Cream Sandwich (Reduced-Fat)	4 oz.

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Rich's Ice Cream	Vanilla & Chocolate Cone	70.0 g.
	Orange Polar Pole	46.00 g.
	Crumbled Cookie Cone	70.00 g.
	Rainbow Polar Pole	58.00 g.
	Vanilla Sandwich	51.00 g.
	Chocolate Shortcake - Lowfat	70.00 g.
	Strawberry Shortcake	70.00 g.
	Banana Fudge Rocket	88.00 g.
	Sour Cyclone	88.00 g.
	Birthday Cake Cone	70.00 g.
	Creamy Cotton Candy Bar	54.00 g.
	Fudge Frenzy Bar	63.00 g.
	Sour Swell - Cherry Bar	53.00 g.
	Orange Cream Bar	52.00 g.

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### Snacks

Brand/Manufacturer	Product/Food Item	Serving Size
Appleways	Apple Cinnamon Waffle Snap	28 g.
	Blueberry Lemon Crispy Bites	1 oz.
	Cinnamon Crispy Bites	1 oz.
	Strawberry Waffle Snaps	1 oz.
Baked Lays Potato Chips	Barbecue	0.875 oz.
	Original	0.875 oz.
	Sour Cream and Onion	0.875 oz.
Betty Crocker	Double Chocolate Oatmeal Bar	135 g.
Boulder Canyon Hot Fries	Hot Fries	1 oz.
	Cheese Fries	1 oz.
Buena Vista	Checkerboard Cookie	1.5 oz.
	Red Velvet Cookie	1.5 oz.
	Snickerdoordle Cookie	1.5 oz.
	Apple Oatmeal Bar	1 oz.
	Chocolate Oat Breakfast Bar	1 oz.
	Chocolate Chip Cookie	1.85 oz.
Buzz Strong's Bakery	Whole Grain Chocolate Cake Cookie	1.5 oz.
	Whole Grain Mint Chocolate Chip Cookie	1.5 oz.
Cheetos	Reduced Fat Puffs	0.7 oz.
Cheez-it	Atomic	0.75 oz.
	Cheddar	26 g.
Chex	Chocolate Caramel	26 g.
	Hot & Spicy	26 g.
	Simply Chex, Cheddar Snack Mix	0.92 oz.
	Simply Chex, Strawberry Yogurt	1.03 oz.
Clif Z Bars	Chocolate Chip	36 g.

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	Iced Lemon Cookie	36 g
	Iced Oatmeal Cookie	36 g
	S'mores	36 g
Dole	Mandarin Oranges in 100% Fruit Juice	4.2 oz.
	Mixed Fruit in 100% Fruit Juice	4.2 oz.
Fieldstone	Fast Start Breakfast Bar	1.4 oz.
FIT Lifestyle	Beef Stick	0.5 oz.
	Honey Ham Stick	0.5 oz.
Golden Grahams	Cereal Bar	40 g.
Jack Links	Beef Jerky	24 g.
Kellogg's	Whole Grain Cinnamon Pop Tart	50 g.
	Whole Grain Rice Krispies Treat Bar	40 g.
Linden	Butter Cruncher Cookies	1.1 oz.
	Chocolate Chippers Cookies	1.1 oz.
Nature's Bakery	1 oz. Brownie: Double Chocolate Blueberry	28 g.
	1 oz. Brownie: Double Chocolate Raspberry	28 g.
	Whole Wheat Fig Bar - Apple Cinnamon	28.35 g.
	Whole Wheat Fig Bar - Blueberry	28.35 g.
	Whole Wheat Fig Bar - Fig	28.35 g.
	Whole Wheat Fig Bar - Peach Apricot	28.35 g.
	Whole Wheat Fig Bar - Raspberry	28.35 g.
	Whole Wheat Fig Bar - Lemon	28.35 g.
	Whole Wheat Fig Bar - Mango	28.35 g.
	Whole Wheat Fig Bar - Strawberry	28.35 g.
Otis Spunkmeyer	Delicious Essentials	1 oz.
	Chocolate Chip Cookie	1.3 oz.
	Carnival Multi Colored Cookie	1.3 oz.

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Pepperidge Farms	Hot & Spicy	0.75 oz.
Pirate's Booty	White Cheddar Puffs	0.5 oz.
Pop Chips	Barbecue	0.8 oz.
	Perfectly Salted	0.8 oz.
	Sea Salt	23 g.
	Sour Cream and Onion	23 g.
Quaker Chewy Granola Bar	Chocolate Chip (25% less sugar)	24 g.
	Cookies and Cream (25% less sugar)	24 g.
	Oatmeal Raisin	24 g.
	Peanut Butter Chocolate Chip (25% less sugar)	24 g.
	S'mores	24 g.
Snyder's	Mini Pretzel	14.18 g.
Stretch Island	Fruit Leathers (All Flavors)	0.5 oz.
Tostitos	Baked Scoops	0.875 oz.
Western Smokehouse Smart Stix	Original Snack Stick	0.75 oz.
	Pork Jerky Meat Snack Sticks	0.75 oz.