

# Approved Food and Beverages List 2018-2019 SY

## Beverages

Brand/Manufacturer	Product/Food Item	Serving Size
<b>Aquafina Water</b>	Water Bottles (All)	
<b>Minute Maid</b>	Minute Maid Apple Juice	10 oz.
	Minute Maid Orange Juice	10 oz.
	Vita Coco Pure Coconut Water	11.1 oz
<b>Edible Arrangements</b>	Pineapple Smoothie	16 oz.
	Strawberry Smoothie	16 oz.
	You've Got Kale Smoothie	16 oz.
<b>Fiji Water</b>	Water bottles (All)	
<b>Gatorade (G2)</b>	Assorted Flavors	12 oz.
<b>Gold Peak</b>	Sweetened Tea	16.9 oz.
<b>Hint</b>	Assorted Flavored Waters	16.9 oz.
<b>Mott's</b>	100% Juice - Grape	6.75 oz.
<b>Nestle</b>	Splash Water (All Flavors)	8 oz
<b>Pathwater</b>	Refillable Water Bottles	16.9 oz.
<b>Snapple 100% Juice</b>	Fruit Punch	11.5 oz.
	Grape	11.5 oz.
	Green Apple	11.5 oz.
	Orange Mango	11.5 oz.
<b>Swiss Miss</b>	Hot Cocoa, Light Sensible Sweets	0.29 oz.
<b>Vitamin Water ZERO</b>	Assorted Flavors	16.9 oz.
<b>Vitality Bowls</b>	Dragon Smoothie	12 oz.
	Sunshine Smoothie	12 oz.
	Tropical Paradise Smoothie	12 oz.

<b>Welch's</b>	100% Juice Can	5.5 fluid oz.
	100% Juice Can	11.5 fluid oz. (secondary only)
	100% Juice Bottle	10 fluid oz. (secondary only)
	Fruit Shot Asst. Flavors	5.5 fluid oz.

## Entrée

Brand/Manufacturer	Product/Food Item	Serving Size
Capriotti's	3" Ham Sandwich on Wheat w/Lettuce & Tomato	3.75 oz.
	3" Turkey Sandwich on Wheat w/Lettuce & Tomato	3.75 oz.
Chaim	Teriyaki Chicken and Rice	10 oz.
	Orange Chicken and Noodles	12 oz.
Double Down Pizza	Whole Wheat Cheese Pizza, one slice 7 oz.	198.45 g.
	Double Down Cheese Pizza, one slice 7 oz.	
Edible Arrangements	Fruit Salad	16 oz.
Firehouse Subs	4" Whole Grain Sub Sandwich Turkey, Roast Beef or Ham	117 g.
	1 ounce meat with lettuce, tomato, and green peppers	
	no cheese or additional condiments	
Port of Subs	4" Turkey and Swiss Cheese on Whole Wheat w/Lettuce	121.91 g.
	1 mayo and/or mustard	
Samurai Sam's	Dark Chicken School Lunch Bowl	255 g.
Subway	3" Veggie Delight Mini/9-Grain Wheat	107.7
	3" Black Forest Ham Mini/9-Grain Wheat	136.1 g.
	3" Roast Beef Mini/9-Grain Wheat	145.5 g.
	3" Turkey Mini/9-Grain Wheat	136.1 g.
	6" Veggie Delite/9-Grain Wheat	162 g.
Vitality Bowls	Kid's Fruit Bowl w/string cheese	12 oz.
	Kid's Tropical Fruit Bowl	12 oz.

## Frozen Treats

Brand/Manufacturer	Product/Food Item	Serving Size
<b>Blue Bunny</b>	Fudge Bar	3 oz.
	Orange Dream Bar	3 oz.
	Cool Daze Red. Fat Mini Ice Cream Cone	3 oz.
	Cool Daze Low Fat ice Cream Sandwich	3 oz.
<b>Chill Frozen Yogurt</b>	Chocolate	83 g.
	Chocolate Mint	83 g.
	Chocolate/Vanilla	83 g.
	Cookies & Cream	83 g.
	Pomegranate	83 g.
	Raspberry	83 g.
	Strawberry	83 g.
	Watermelon	83 g.
<b>Hershey's</b>	Brownie Batter Ice Cream Sandwich (Reduced-Fat)	3 oz.
	Candy Cane Dessert	4 oz.
	Cherry Blue Raspberry Juice Rush	4.4 oz.
	Cherry Vanilla Swirl Desert Cup (Low-Fat)	3 oz.
	Chocolate Scooter Ice Cream Bar	3 oz.
	Chocolate & Vanilla Twist Cone (Low-Fat)	4 oz.
	Cookies & Cream Sandwich (Reduced-Fat)	4 oz.
	Cotton Candy Twister Cup (NF)	3.75 oz.
	Crazy Cone (Low-Fat)	4 oz.
	Fudge-O-Bar	2 oz.
	Lemon Orange Juice Rush	4 oz.
	Minty Mint Ice Cream Sandwich (Reduced-Fat)	2.75 oz.
	Orange Blossom Bar (Low-Fat)	2.5 oz.
	Polar Blast Fruit Juice Bar	2.25 oz.
	Salted Caramel Brownie Bar (Reduced-Fat)	2.75 oz.
	Spooky Sundae Dessert Cup (Low-Fat)	2.75 oz.
	Strawberry Mango Juice Rush	4.4 oz.
	Strawberry Scooter Ice Cream Bar	4.4 oz.
	Vanilla Ice Cream Sandwich (Reduced-Fat)	4 oz.
<b>Rich's Ice Cream</b>	Vanilla & Chocolate Cone	70.0 g.

	Orange Polar Pole	46.00 g.
	Crumbled Cookie Cone	70.00 g.
	Rainbow Polar Pole	58.00 g.
	Vanilla Sandwich	51.00 g.
	Chocolate Shortcake - Lowfat	70.00 g.
	Strawberry Shortcake	70.00 g.
	Banana Fudge Rocket	88.00 g.
	Sour Cyclone	88.00 g.
	Birthday Cake Cone	70.00 g.
	Creamy Cotton Candy Bar	54.00 g.
	Fudge Frenzy Bar	63.00 g.
	Sour Swell - Cherry Bar	53.00 g.
	Orange Cream Bar	52.00 g.
<b>Spoonabowls Frozen Desserts</b>	Peach Frozen Yogurt (2 Scoops)	5 oz
	Raspberry Frozen Yogurt (2 Scoops)	5 oz
	Strawberry Sorbet ( 2 Scoops)	5 oz

## Snacks

Brand/Manufacturer	Product/Food Item	Serving Size
<b>Appleways</b>	Apple Cinnamon Waffle Snap	28 g.
	Blueberry Lemon Crispy Bites	1 oz
	Cinnamon Crispy Bites	1 oz.
	Strawberry Waffle Snaps	1 oz.
<b>Baked Lays Potato Chips</b>	Barbecue	0.875 oz.
	Original	0.875 oz.
	Sour Cream and Onion	0.875 oz.
<b>Betty Crocker</b>	Double Chocolate Oatmeal Bar	135 g.
<b>Betty Crocker</b>	Fruit Roll Up (All Flavors)	14g
<b>Boulder Canyon Hot Fries</b>	Hot Fries	1 oz.
	Cheese Fries	1 oz.
<b>Buena Vista</b>	Checkerboard Cookie	1.5 oz.
	Red Velvet Cookie	1.5 oz.
	Snickerdoordle Cookie	1.5 oz.
	Apple Oatmeal Bar	1 oz.
	Chocolate Oat Breakfast Bar	1 oz.
	Chocolate Chip Cookie	1.85 oz.
<b>Buzz Strong's Bakery</b>	Whole Grain Chocolate Cake Cookie	1.5 oz.
	Whole Grain Mint Chocolate Chip Cookie	1.5 oz.
<b>Cheetos</b>	Reduced Fat Puffs	0.7 oz.
	Baked, Flamin' Hot Cheetos	24.8 g
<b>Cheez-it</b>	Atomic	0.75 oz.
	Cheddar	26 g.
<b>Chex</b>	Chocolate Caramel	26 g.
	Hot & Spicy	26 g.
<b>Clif Z Bars</b>	Chocolate Chip	36 g
	Iced Lemon Cookie	36 g

	Iced Oatmeal Cookie	36 g
	S'mores	36 g
<b>Dole</b>	Mandarin Oranges in 100% Fruit Juice	4.2 oz.
	Mixed Fruit in 100% Fruit Juice	4.2 oz.
<b>Fieldstone</b>	Fast Start Breakfast Bar	1.4 oz.
<b>FIT Lifestyle</b>	Beef Stick	0.5 oz.
	Honey Ham Stick	0.5 oz.
<b>Golden Grahams</b>	Cereal Bar	40 g.
<b>Jack Links</b>	Beef Jerky	24 g.
<b>Kellogg's</b>	Whole Grain Cinnamon Pop Tart	50 g.
	Whole Grain Rice Krispies Treat Bar	40 g.
<b>Linden</b>	Butter Cruncher Cookies	1.1 oz.
	Chocolate Chippers Cookies	1.1 oz.
<b>Nature's Bakery</b>	1 oz. Brownie: Double Chocolate Blueberry	28 g.
	1 oz. Brownie: Double Chocolate Raspberry	28 g.
	Whole Wheat Fig Bar - Apple Cinnamon	28.35 g.
	Whole Wheat Fig Bar - Blueberry	28.35 g.
	Whole Wheat Fig Bar - Fig	28.35 g.
	Whole Wheat Fig Bar - Peach Apricot	28.35 g.
	Whole Wheat Fig Bar - Raspberry	28.35 g.
	Whole Wheat Fig Bar - Lemon	28.35 g.
	Whole Wheat Fig Bar - Mango	28.35 g.
	Whole Wheat Fig Bar - Strawberry	28.35 g.
<b>Otis Spunkmeyer</b>	Delicious Essentials	1 oz.
	Chocolate Chip Cookie	1.3 oz.
	Carnival Multi Colored Cookie	1.3 oz.
<b>Pepperidge Farms</b>	Hot & Spicy	0.75 oz.

<b>Pirate's Booty</b>	White Cheddar Puffs	0.5 oz
<b>Pop Chips</b>	Salt & Vinegar	23 g.
	Sea Salt	23 g.
	Sour Cream and Onion	23 g.
<b>Quaker Chewy Granola Bar</b>	Chocolate Chip (25% less sugar)	24 g.
	Cookies and Cream (25% less sugar)	24 g.
	Oatmeal Raisin	24 g.
	Peanut Butter Chocolate Chip (25% less sugar)	24 g.
	S'mores	24 g.
<b>Snyder's</b>	Mini Pretzel	14.18 g.
<b>Stretch Island</b>	Fruit Leathers (All Flavors)	0.5 oz.
<b>Tostitos</b>	Baked Scoops	0.875 oz.
<b>Western Smokehouse Smart Stix</b>	Pork Jerky Meat Snack Sticks	0.75 oz.