factors is likely to reduce cooperation of the wearers in promoting a satisfactory program. How well these problems have been overcome can be determined by observing wearers during normal activities and by soliciting comments.

✓ **Examination of Respirators** in Use Respiratory protection is no better than the respirator in use, even though it is worn conscientiously. Periodic inspections shall be conducted by the supervisor to ensure that respirators are properly selected, used, cleaned, and maintained.

G. EMPLOYEES USING RESPIRATORS NOT REQUIRED UNDER THE STANDARD

Employees wearing respirators (such as N95 particulate respirator) on a voluntary basis, when they are not required to by their supervisor or the OSHA standard, shall read and sign Information for Voluntary Respirator Use (See Appendix D).

Remember, voluntary use is only permitted when your employer has determined that there is no airborne hazard that would require the use of a respirator.

Before you can voluntarily use a respirator, your employer must ensure that its use does not present a health hazard to you. To do this, your employer must implement certain elements of a written respiratory protection program necessary to ensure that any worker using a respirator voluntarily is medically able to use that respirator. In addition, your employer must ensure that the respirator is properly cleaned, stored, and maintained so that its use does not present a health hazard to you.

However, employers do not have to develop and implement a written respiratory protection program when workers only use filtering facepiece respirators voluntarily.

If you will be voluntarily using a respirator, your employer is also required to provide you with a copy of Appendix D of OSHA's Respiratory Protection Standard or the equivalent State OSHA Agency document. This document contains certain precautions you should take when wearing a respirator voluntarily. In general, Appendix D advises you.

This video has provided you with a brief overview of OSHA's **voluntary use** requirements for respirators.

- ENGLISH https://youtu.be/a4PjrR3zHEo
- SPANISH https://youtu.be/8W2t7pwV52k

H. PANDEMIC CLOTH FACE COVERINGS

The Center for Disease Control and prevention states cloth face coverings are recommended as a simple barrier to help prevent respiratory droplets from traveling into the air and onto other people when the person wearing the cloth face covering coughs, sneezes, talks, or raises their voice. This is called source control.

Cloth face coverings may not be possible in every situation or for some people. In some situations, wearing a cloth face covering may exacerbate a physical or mental health condition, lead to a medical emergency, or introduce significant safety concerns.

Who should NOT use cloth face coverings:

- children under age 2,
- or anyone who has trouble breathing, is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

CLOTH FACE COVERINGS ARE NOT SURGICAL MASKS OR N95 RESPIRATORS.

This video has provided you with a brief overview of OSHA's the Difference Between Respirators and Surgical Masks.

- ENGLISH https://youtu.be/ovSLAuY8ib8
- SPANISH https://youtu.be/K53pbXueDJw

Adaptations and alternatives should be considered whenever possible to increase the feasibility of wearing a cloth face covering but, in some instances, it is not possible to wear one. For example,

- ✓ People who are deaf or hard of hearing—or those who care for or interact with a person who is hearing impaired
- ✓ Some people, such as people with intellectual and developmental disabilities, mental health conditions or other sensory sensitivities, may have challenges wearing a cloth face covering. They should consult with their healthcare provider for advice about wearing cloth face coverings.
- ✓ Younger children (e.g., preschool, or early elementary aged) may be unable to wear a cloth face covering properly, particularly for an extended period of time.
- ✓ People should not wear cloth face coverings while engaged in activities that may cause the cloth face covering to become wet.
- ✓ People who are engaged in high intensity activities, like running, may not be able to wear a cloth face covering if it causes difficulty breathing.
- ✓ People who work in a setting where cloth face coverings may increase the risk of heat-related illness or cause safety concerns due to introduction of a hazard (for instance, straps getting caught in machinery)

✓ Review Understanding Compliance with OSHA's Respiratory Protection Standard During the Coronavirus Disease 2019 (COVID-19) Pandemic pdf

https://www.osha.gov/sites/default/files/respiratory-protection-covid19-compliance.pdf



VII. REFERENCES:

- Occupational Safety and Health Administration Standards (OSHA) 29 CFR (Code of Federal Regulations) 1910.134 Respiratory Protection.
- American National Standards Institute (ANSI) Z88.2 "Practices for Respiratory Protection."
- American Industrial Hygiene Association (AIHA) "Respiratory Protection: A Manual and Guideline".
- 42 CFR, Part 84 "Respiratory Protective Devices".
- CCSD Safety Standards.
- Center for Disease Control and Prevention (CDC)